



Legend

Blue: interviewer instructions (not to be read aloud)

Gray: rules and gating

Green: lifetime version questions

CARS is adapted from the [Composite International Diagnostic Instrument \(CIDI\) for DSM-IV.](#)

Social Anxiety Disorder

MODULE ENTRY: (2+ 'YES' RESPONSES IN SC23f - SC23s) AND (SC23e=YES)

CKPT.S02

1...SC23a=Past12mo OR SC23b=Past12mo [*felt shy/afraid/uncomfortable in past 12 months*]

CONTINUE

2...Past Year Version [*PY; did not feel shy, afraid, or uncomfortable in past 12 months*]

GO TO NEXT MODULE

3...Lifetime Version [*LT; did not feel shy, afraid, or uncomfortable in past 12 months*]

GO TO S022 [*LT Qs - second gate*]

[GRID SCREEN 1]

Earlier you mentioned having a time in the past 12 months when you felt very shy, afraid, or uncomfortable with other people or in social situations. During the past 12 months, have you felt shy, afraid, or uncomfortable in the following situations?

	Yes	No
SO3a. Meeting new people?	<input type="radio"/>	<input type="radio"/>
SO3b. Talking to people in authority?	<input type="radio"/>	<input type="radio"/>
SO3c. Speaking up in a meeting or class?	<input type="radio"/>	<input type="radio"/>
SO3d. Going to parties or other social gatherings?	<input type="radio"/>	<input type="radio"/>
SO3e. Acting, performing, or giving a talk in front of an audience?	<input type="radio"/>	<input type="radio"/>

[GRID SCREEN 2]

(During the past 12 months, have you felt shy, afraid, or uncomfortable in the following situations?)

	Yes	No
SO3f. Taking an important exam or interviewing for a job, even though you were well prepared?	<input type="radio"/>	<input type="radio"/>
SO3g. Working while someone watches?	<input type="radio"/>	<input type="radio"/>
SO3h. Entering a room when others are already present?	<input type="radio"/>	<input type="radio"/>
SO3i. Talking with people you don't know very well?	<input type="radio"/>	<input type="radio"/>
SO3j. Expressing disagreement to people you didn't know very well?	<input type="radio"/>	<input type="radio"/>

[GRID SCREEN 3]

(During the past 12 months, have you felt shy, afraid, or uncomfortable in the following situations?)

	Yes	No
SO3k. Writing or eating or drinking while someone watches?	<input type="radio"/>	<input type="radio"/>
SO3l. Urinating in a public bathroom or using a bathroom away from home?	<input type="radio"/>	<input type="radio"/>
SO3m. Being in a dating situation?	<input type="radio"/>	<input type="radio"/>
SO3n. Any <u>other</u> social or performance situation where you could be the center of attention or where something <u>embarrassing</u> might happen?	<input type="radio"/>	<input type="radio"/>



CKPT.SO4

- 1...(1 'YES' RESPONSE IN SO3a-SO3n) [*uncomfortable in 1 social situation in past 12 months*]
CONTINUE [w/ first fill & singular situation fill]
- 2...(2-3 'YES' RESPONSES IN SO3a-SO3n) [*uncomfortable in 2-3 social situations in past 12 months*]
CONTINUE [w/ first fill & plural situation fill]
- 3...(4+ 'YES' RESPONSES TO SO3a-SO3n) [*uncomfortable in 4+ social situations in past 12 months*]
CONTINUE [w/ second fill & plural situation fill]
- 4...Past Year Version [PY; *felt shy/afraid/uncomfortable in past 12 months in none of situations listed*]
GO TO NEXT MODULE
- 5...Lifetime Version [LT; *felt shy/afraid/uncomfortable in past 12 months in none of situations listed*]
GO TO SO22 [LT Qs - second gate]

[GRID SCREEN 4]

SO5. You had a fear of SOFILL1. When you were faced with SOFILL2 *during the past 12 months*, did you feel that things around you were unreal or like a dream?

FILL RULES:

IF CKPT.SO4=1

SOFILL1=[first endorsed item from SO3a-SO3n (SEE FILLS APPENDIX)]

SOFILL2=this situation

IF CKPT.SO4=2

SOFILL1=situations including [first endorsed item from SO3a-SO3n (SEE FILLS APPENDIX)] and [second endorsed item from SO3a-SO3n (SEE FILLS APPENDIX)]

SOFILL2=these situations

IF CKPT.SO4=3

SOFILL1=a number of social or performance situations on the list

SOFILL2=these situations

- Yes
- No

SO6a. When you were in SOFILL5 during the past 12 months, were you afraid that you might have a panic attack?

FILL RULES:

IF CKPT.SO4=1

SOFILL5=this situation

IF CKPT.SO4=2/3

SOFILL5=these situations

- Yes
- No **GO TO SO7a**

IF DK/RF GO TO SO7a



SO6b. During the past 12 months, did you ever have a panic attack in SOFILL6?

FILL RULES:

IF CKPT.SO4=1

SOFILL6=this situation

IF CKPT.SO4=2/3

SOFILL6=one of these situations

- Yes
- No

SO7a. When you were in SOFILL7 during the past 12 months, were you afraid you might do something embarrassing or humiliating?

FILL RULES:

IF CKPT.SO4=1

SOFILL7=this situation

IF CKPT.SO4=2/3

SOFILL7=these situations

- Yes **GO TO SO8a**
- No

IF DK/RF CONTINUE

SO7b. (When you were in SOFILL8 during the past 12 months) Were you afraid that you might embarrass other people?

FILL RULES:

IF CKPT.SO4=1

SOFILL8=this situation

IF CKPT.SO4=2/3

SOFILL8=these situations

- Yes **GO TO SO8a**
- No

IF DK/RF CONTINUE

SO7c. (When you were in SOFILL9 during the past 12 months) Were you afraid that people might look at you, talk about you, or think negative things about you?

FILL RULES:

IF CKPT.SO4=1

SOFILL9=this situation

IF CKPT.SO4=2/3

SOFILL9=these situations

- Yes **GO TO SO8a**
- No

IF DK/RF CONTINUE



SO7d. (When you were in SOFILL10 in the past 12 months) Were you afraid that you might be the focus of attention?

FILL RULES:

IF CKPT.SO4=1

SOFILL10=this situation

IF CKPT.SO4=2/3

SOFILL10=these situations

- Yes
- No

SO8a. (When you were in SOFILL11 during the past 12 months) was your fear related to embarrassment about having a physical or mental health problem or disability?

FILL RULES:

IF CKPT.SO4=1

SOFILL11=this situation

IF CKPT.SO4=2/3

SOFILL11=these situations

- Yes
- No **GO TO CKPT.SO9**

IF DK/RF GO TO CKPT.SO9

SO8b. Briefly, what was the health problem?

[INTERVIEWER: Check all that apply]

- Mental health problem
- Alcohol or drug problem
- Speech, vision, or hearing problem
- Movement or coordination problem
- Facial/body disfigurement or weight/body image problem
- Body odor or sweating
- Pregnancy
- Other physical health problem

CKPT.SO9

1...SC23d=12mo [past 12 month avoidance]

2...SC23d!=Past12mo [past 12 month no avoidance]



SO10a. During the past 12 months, how much did your fear SOFILL12 interfere with either your work, your social life, or your personal relationships - an extreme amount, a lot, some, a little, or not at all?

FILL RULES:

IF CKPT.SO9=1

SOFILL12=or avoidance

IF CKPT.SO9=2

SOFILL12=BLANK

- An extreme amount
- A lot
- Some
- A little **GO TO SO11**
- Not at all **GO TO SO11**

IF DK/RF CONTINUE

SO10b. How often during the past 12 months were you unable to carry out your daily activities or to take care of yourself because of your fear SOFILL13 - often, sometimes, rarely, or never?

FILL RULES:

IF CKPT.SO9=1

SOFILL13=or avoidance

IF CKPT.SO9=2

SOFILL13=BLANK

- Often
- Sometimes
- Rarely
- Never

SO11. Was there ever a time during the past 12 months when you felt very emotionally upset, worried, or disappointed with yourself because of your fear SOFILL14 of SOFILL15?

FILL RULES:

IF CKPT.SO9=1

SOFILL14=or avoidance

IF CKPT.SO9=2

SOFILL14=BLANK

IF CKPT.SO4=1

SOFILL15=this situation

IF CKPT.SO4=2/3

SOFILL15=these situations

- Yes
- No



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SO12. What if you were faced with SOFILL16 today: How strong would your fear be - very severe, severe, moderate, mild, or not at all?

[INTERVIEWER: If volunteered "It depends on which situation", probe: "What if you were faced with the situation that scares you most: How strong would your fear be - not at all, mild, moderate, severe, or very severe?"]

FILL RULES:

IF CKPT.SO4=1

SOFILL16=this situation

IF CKPT.SO4=2/3

SOFILL16=these situations

- Very severe **GO TO SO14**
- Severe **GO TO SO14**
- Moderate **GO TO SO14**
- Mild
- Not at all

IF DK/RF CONTINUE

CKPT.SO13

1...Past Year Version [PY; fear of social/performance situation(s) in past 12 months, fear mild]

GO TO CKPT.SO36 [Tx Qs]

2...Lifetime Version [LT; fear of social/performance situation(s) in past 12 months, fear mild]

GO TO CKPT.SO18 [LT Qs - first gate]

SO14. During the past 12 months, how often did you avoid SOFILL17 - all of the time, most of the time, sometimes, a little of the time, or never?

[INTERVIEWER: If volunteered "It depends on which thing," probe: "How about for the thing that you avoided most: Did you avoid it - all the time, most of the time, sometimes, rarely, or never?"]

FILL RULES:

IF CKPT.SO4=1

SOFILL17=[first endorsed item from SO3a-SO3n (SEE FILLS APPENDIX)]

IF CKPT.SO4=2/3

SOFILL17=these situations

- All of the time
- Most of the time
- Sometimes
- A little of the time
- Never



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SO15. Think about the month or longer during the past 12 months when your fear SOFILL18 of social or performance situations was most severe. Using a 0 to 10 scale where 0 means no interference and 10 means very severe interference, what number describes how much your fear SOFILL19 of social or performance situations interfered with each of the following activities during that time?

[IF NEC: How much did your fear SOFILL19a interfere with (ACTIVITY) during that period?]

[IF NEC: You can use any number between 0 and 10 to answer.]

FILL RULES:

IF CKPT.SO9=1

SOFILL18=or avoidance

SOFILL19=or avoidance

SOFILL19a=or avoidance

IF CKPT.SO9=2

SOFILL18=BLANK

SOFILL19=BLANK

SOFILL19a=BLANK

	No interference	Mild			Moderate			Severe			Very severe interference
	0	1	2	3	4	5	6	7	8	9	10
a. Your home management, like cleaning, shopping, and taking care of the house or apartment?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Your ability to work?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Your ability to form and maintain close relationships with other people?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Your social life?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

CKPT.SO16

1...Any response to SO15a-SO15d>0 [fear of social/performance situation(s) in past 12 months; fear moderate to severe; some Sheehan interference]

CONTINUE

2...Past Year Version AND all responses to SO15a-SO15d = 0 [PY; fear of social/performance situation(s) in past 12 months; fear moderate to severe; 0 Sheehan interference]

GO TO CKPT.SO36 [Tx Qs]

3...Lifetime Version AND all responses to SO15a-SO15d = 0 [LT; fear of social/performance situation(s) in past 12 months; fear moderate to severe; 0 Sheehan interference]

GO TO CKPT.SO18 [LT Qs - first gate]



SO17. During the past 12 months, about how many days out of 365 were you totally unable to work or carry out your normal activities because of your fear SOFILL20?

[INTERVIEWER: 7 days=1 week; 30 days=1 months; 365 days=1 year]

[IF NEC: You may use any number between 0 and 365 to answer.]

FILL RULES:

IF CKPT.SO9=1

SOFILL20=or avoidance

IF CKPT.SO9=2

SOFILL20=BLANK

days

SO17a. Feelings of this sort sometimes occur as a result of physical causes such as physical illness or injury or the use of medication, drugs, or alcohol. Do you think your fear SOFILL20a during the past 12 months ever occurred as the result of such physical causes?

FILL RULES:

IF CKPT.SO9=1

SOFILL20a=or avoidance

IF CKPT.SO9=2

SOFILL20a=BLANK

Yes

No **GO TO SO17d**

IF DK/RF CONTINUE

SO17b. Do you think your fear SOFILL20b during the past 12 months were always the result of physical causes?

FILL RULES:

IF CKPT.SO9=1

SOFILL20b=or avoidance

IF CKPT.SO9=2

SOFILL20b=BLANK

Yes

No **GO TO SO17d**

IF DK/RF GO TO SO17d



SO17c. Briefly, what were the physical causes?

SO17d. Some people only have feelings like these when they are sad or depressed. In the past 12 months, did your fear SOFILL20c ever occur when you were sad or depressed?

FILL RULES:

IF CKPT.SO9=1

SOFILL20c=**or avoidance**

IF CKPT.SO9=2

SOFILL20c=BLANK

Yes

No **GO TO SO17f**

IF DK/RF CONTINUE

SO17e. In the past 12 months, did you ever have these feelings when you were not sad or depressed?

Yes

No

SO17f. During the past 12 months, how many months have you experience these symptoms of feeling very afraid or shy with people, or becoming very upset or nervous when you had to do something in front of a group: less than three months, three to five months, or six to twelve months?

6 to 12 months

3 to 5 months

Less than 3 months



CKPT.SO18

1...CKPT.SO4=1/2/3 AND (SO7a=YES OR SO7b=YES OR SO7c=YES OR SO7d=YES) AND (SC23c=12mo OR SC23d=12mo OR SO14=All of the time/Most of the time/Sometimes OR (2+ 'YES' RESPONSES TO SC23f, SC23g, SC23h, SC23i, SC23j, SC23k, SC23l, SC23m, SC23n, SC23o, SC23p, SC23q, SC23r, SO5) OR SO12=Severe/Very Severe OR SO6a=YES) AND SO8a!=YES AND (SO17a=NO OR SO17b=NO) AND (SO17d=NO OR SO17e=YES) AND (SO10a=Some/A lot/An extreme amount OR SO15a=5+ OR SO15b=5+ OR SO15c=5+ OR SO15d=5+ OR SO17=5+) AND SO17f=6 to 12 months/3 to 5 months *[meets DSM criteria for PY social anxiety disorder]*

GO TO CKPT.SO36 [Tx Qs]

2...Past Year Version *[does not meet DSM criteria for PY social anxiety disorder]*

GO TO CKPT.SO36 [Tx Qs]

3...Lifetime Version *[does not meet DSM criteria for PY social anxiety disorder]*

CONTINUE

SO20. Did you ever have a time in your life when your shyness, fear, or discomfort in social or performance situations SOFILL21 was greater than during the past 12 months?

FILL RULES:

IF CKPT.SO9=1

SOFILL21=or your avoidance of those situations

IF CKPT.SO9=2

SOFILL21=BLANK

- Yes
- No

CKPT.SO21

1...SO20=NO/DK/RF *[past 12 month social discomfort, in 1+ of the designated situations; lifetime social discomfort not worse than past 12 mo]*

GO TO CKPT.SO36 [Tx Qs]

2...SO20=YES AND CKPT.SO4=1/2 *[past 12 month social discomfort, in 1-3 designated situations; lifetime social discomfort worse than past 12 mo]*

CONTINUE

3...SO20=YES AND CKPT.SO4=3 *[past 12 month social discomfort, in 4+ designated situations; lifetime social discomfort worse than past 12 mo]*

GO TO CKPT.SO23



[GRID SCREEN 7]

SO22. SOFILL22 Was there ever a time in your life when you felt shy, afraid, or uncomfortable in the following situations?

FILL RULES:

IF SO20=EMPTY

SOFILL22=Earlier you mentioned having a time in your life when you felt very shy, afraid, or uncomfortable with other people or in social situations.

IF SO20!=EMPTY

SOFILL22=BLANK

	Yes	No
SO22a. Meeting new people?	<input type="radio"/>	<input type="radio"/>
SO22b. Talking to people in authority?	<input type="radio"/>	<input type="radio"/>
SO22c. Speaking up in a meeting or class?	<input type="radio"/>	<input type="radio"/>
SO22d. Going to parties or other social gatherings?	<input type="radio"/>	<input type="radio"/>
SO22e. Acting, performing, or giving a talk in front of an audience?	<input type="radio"/>	<input type="radio"/>

[GRID SCREEN 8]

(Was there ever a time in your life when you felt shy, afraid, or uncomfortable in the following situations?)

	Yes	No
SO22f. Taking an important exam or interviewing for a job, even though you were well prepared?	<input type="radio"/>	<input type="radio"/>
SO22g. Working while someone watches?	<input type="radio"/>	<input type="radio"/>
SO22h. Entering a room when others are already present?	<input type="radio"/>	<input type="radio"/>
SO22i. Talking with people you don't know very well?	<input type="radio"/>	<input type="radio"/>
SO22j. Expressing disagreement to people you didn't know very well?	<input type="radio"/>	<input type="radio"/>

[GRID SCREEN 9]

(Was there ever a time in your life when you felt shy, afraid, or uncomfortable in the following situations?)

	Yes	No
SO22k. Writing or eating or drinking while someone watches?	<input type="radio"/>	<input type="radio"/>
SO22l. Urinating in a public bathroom or using a bathroom away from home?	<input type="radio"/>	<input type="radio"/>
SO22m. Being in a dating situation?	<input type="radio"/>	<input type="radio"/>
SO22n. Any other social or performance situation where you could be the center of attention or where something <u>embarrassing</u> might happen?	<input type="radio"/>	<input type="radio"/>



CKPT.SO23

1...(0 'YES' RESPONSES TO SO22a-SO22n) AND (CKPT.SO4=5/EMPTY) [*no social discomfort in any of the designated situations, past 12 mo or lifetime*]

GO TO NEXT MODULE

2...(0 'YES' RESPONSES TO SO22a-SO22n) AND (SO5!=YES) [*no social discomfort in any of the designated situations lifetime, but indicated past 12 mo situational discomfort; no dreamlike reaction past 12 mo*]

CONTINUE

3...(0 'YES' RESPONSES TO SO22a-SO22n) AND (SO5=YES) [*no social discomfort in any of the designated situations lifetime, but indicated past 12 mo situational discomfort; dreamlike reaction past 12 mo*]

GO TO CKPT.SO25

4...(1 'YES' RESPONSE TO SO22a-SO22n) AND (SO5!=YES) [*uncomfortable in 1 social situation in lifetime; no dreamlike reaction past 12 mo*]

CONTINUE [*w/ first fill & singular situation fill*]

5...(1 'YES' RESPONSE TO SO22a-SO22n) AND (2+ 'YES' RESPONSES TO SC23f, SC23g, SC23h, SC23i, SC23j, SC23k, SC23l, SC23m, SC23n, SC23o, SC23p, SC23q, SC23r) [*uncomfortable in 1 social situation in lifetime; 2+ reactions in past 12 mo*]

GO TO CKPT.SO25

6...(2-3 'YES' RESPONSES TO SO22a-SO22n) AND (SO5!=YES) [*uncomfortable in 2-3 social situations in lifetime; <2 reactions in past 12 mo*]

CONTINUE [*w/ first fill & plural situation fill*]

7...((2+ 'YES' RESPONSES TO SO22a-SO22n) OR CKPT.SO21=3) AND (2+ 'YES' RESPONSES TO SC23f, SC23g, SC23h, SC23i, SC23j, SC23k, SC23l, SC23m, SC23n, SC23o, SC23p, SC23q, SC23r, SO5) [*uncomfortable in 2+ social situations in past 12 mo or lifetime; 2+ reactions in past 12 mo*]

GO TO CKPT.SO25

8...[(4+ 'YES' RESPONSES TO SO22a-SO22n) OR (CKPT.SO21=3)] AND (SO5!=YES)

[*uncomfortable in 4+ social situations in past 12 months or lifetime; <2 reactions in past 12 mo*]

CONTINUE [*w/ second fill & plural situation fill*]



SO24. You had a fear of SOFILL23. When you were faced with SOFILL24, did you ever feel that things around you were unreal or like a dream?

FILL RULES:

IF CKPT.SO23=2/EMPTY AND CKPT.SO4=1

SOFILL23=[first endorsed item from SO3a-SO3n (SEE FILLS APPENDIX)]

SOFILL24=**this situation**

IF CKPT.SO23=2/EMPTY AND CKPT.SO4=2

SOFILL23=**situations including** [first endorsed item from SO3a-SO3n (SEE FILLS APPENDIX)] **and** [second endorsed item from SO3a-SO3n (SEE FILLS APPENDIX)]

SOFILL24=**these situations**

IF CKPT.SO23=2/EMPTY AND CKPT.SO4=3

SOFILL23=**a number of social or performance situations on the list**

SOFILL24=**these situations**

IF CKPT.SO23=4

SOFILL23=[first endorsed item from SO22a-SO22n (SEE FILLS APPENDIX)]

SOFILL24=**this situation**

IF CKPT.SO23=6

SOFILL23=**situations including** [first endorsed item from SO22a-SO22n (SEE FILLS APPENDIX)] **and** [second endorsed item from SO22a-SO22n (SEE FILLS APPENDIX)]

SOFILL24=**these situations**

IF CKPT.SO23=8

SOFILL23=**a number of social or performance situations on the list**

SOFILL24=**these situations**

Yes

No

CKPT.SO25

1...SO6a!=YES [*past 12 mo or lifetime social discomfort, no past 12 mo fear of panic attack*]

CONTINUE

2...SO6b=YES AND (SO7a=YES OR SO7b=YES OR SO7c=YES OR SO7d=YES) AND SO8a=YES [*past 12 mo social discomfort, panic attack, fear of embarrassment or attention, caused by health issue*]

GO TO CKPT.SO31

3...SO6b=YES AND (SO7a=YES OR SO7b=YES OR SO7c=YES OR SO7d=YES) AND SO8a!=YES [*past 12 mo social discomfort, panic attack, fear of embarrassment or attention, not caused by health issue or unknown*]

GO TO SO30a

4...SO6b=YES AND (SO7a!=YES AND SO7b!=YES AND SO7c!=YES AND SO7d!=YES) [*past 12 mo social discomfort, panic attack, but no fear of embarrassment or attention*]

GO TO SO28a

5...SO6b!=YES [*past 12 mo social discomfort, fear of panic attack, but no panic attack*]

GO TO SO26b [w/fill]



SO26a. When you were in SOFILL27, were you **ever** afraid that you might have a panic attack?

FILL RULES:

IF CKPT.SO23=4/5 OR CKPT.SO4=1

SOFILL27=this situation

IF CKPT.SO23=6/7/8 OR CKPT.SO4=2/3

SOFILL27=these situations

- Yes
 No **GO TO CKPT.SO27**

IF DK/RF GO TO CKPT.SO27

SO26b. You mentioned that you were afraid you might have a panic attack when you were in SOFILL28.

Did you **ever** have a panic attack in SOFILL29?

FILL RULES:

IF CKPT.SO23=4/5 OR CKPT.SO4=1

SOFILL28=this situation

SOFILL29=this situation

IF CKPT.SO23=6/7/8 OR CKPT.SO4=2/3

SOFILL28=these situations

SOFILL29=one of these situations

- Yes
 No

CKPT.SO27

1...(SO7a=YES OR SO7b=YES OR SO7c=YES OR SO7d=YES) AND SO8a=YES [*past 12 mo social discomfort, fear of embarrassment or attention, caused by health issue*]

GO TO CKPT.SO31

2...(SO7a=YES OR SO7b=YES OR SO7c=YES OR SO7d=YES) AND SO8a!=YES [*past 12 mo social discomfort, fear of embarrassment/attention, not caused by health issue or unknown*]

GO TO SO30a

3...ALL OTHERS [*past 12 mo or lifetime social discomfort, no past 12 mo fear of embarrassment or attention*]

CONTINUE

SO28a. When you were in SOFILL30 were you afraid you might do something embarrassing or humiliating?

FILL RULES:

IF CKPT.SO23=4/5 OR CKPT.SO4=1

SOFILL30=this situation

IF CKPT.SO23=6/7/8 OR CKPT.SO4=2/3

SOFILL30=these situations

- Yes **GO TO CKPT.SO29**
 No

IF DK/RF CONTINUE



SO28b. Were you afraid that you might embarrass other people?

- Yes GO TO CKPT.SO29
 No

IF DK/RF CONTINUE

SO28c. Were you afraid that people might look at you, talk about you, or think negative things about you?

- Yes GO TO CKPT.SO29
 No

IF DK/RF CONTINUE

SO28d. Were you afraid that you might be the focus of attention?

- Yes
 No

CKPT.SO29

1...SO8a=NO [past 12 mo social discomfort, not caused by health issue]

GO TO CKPT.SO31

2...SO8a!=NO [past 12 mo social discomfort, caused by health issue or unknown]

CONTINUE

SO30a. Was your fear related to embarrassment about having a physical or mental health problem or disability?

- Yes
 No GO TO CKPT.SO31

IF DK/RF GO TO CKPT.SO31

SO30b. Briefly, what was the health problem?

[INTERVIEWER: Mark all that apply]

- Mental health problem
- Alcohol or drug problem
- Speech, vision, or hearing problem
- Movement or coordination problem
- Facial/body disfigurement or weight/body image problem
- Body odor or sweating
- Pregnancy
- Other physical health problem



CKPT.SO31

- 1...SC23d=YES OR SO14=Sometimes/Most of the time/All of the time [social discomfort; avoidance]
2...ALL OTHERS [social discomfort; no avoidance]

CKPT.SO31a

- 1...SO10a=Some/A lot/An extreme amount [social discomfort; past 12 mo interference]

GO TO CKPT.SO33

- 2...SO10a=A little/Not at all/DK/RF/EMPTY [social discomfort; no past 12 mo interference]

CONTINUE

SO32a. How much did your fear SOFILL31 ever interfere with either your work, your social life, or your personal relationships - not at all, a little, some, a lot, or extremely?

FILL RULES:

IF CKPT.SO31=1

SOFILL31=**or avoidance**

IF CKPT.SO31=2

SOFILL31=BLANK

- An extreme amount
- A lot
- Some
- A little **GO TO CKPT.SO33**
- Not at all **GO TO CKPT.SO33**

IF DK/RF CONTINUE

SO32b. How often during that time were you unable to carry out your daily activities or to take care of yourself because of your fear SOFILL32- often, sometimes, rarely, or never?

FILL RULES:

IF CKPT.SO31=1

SOFILL32=**or avoidance**

IF CKPT.SO31=2

SOFILL32=BLANK

- Often
- Sometimes
- Rarely
- Never

CKPT.SO33

- 1...SO11=YES [social discomfort; past 12 mo upset with self]

GO TO SO35

- 2...SC23d=YES OR SO14=Sometimes/Most of the time/All of the time [social discomfort; avoidance; past 12 mo not upset w/ self]

CONTINUE [w/ avoidance fill]



3...ALL OTHERS [social discomfort; no avoidance; no past 12 mo interference]

CONTINUE [w/out avoidance fill]

SO34. Was there ever a time in your life when you felt very emotionally upset, worried, or disappointed with yourself because of your fear SOFILL33 of SOFILL34?

FILL RULES:

IF CKPT.SO31=1

SOFILL33=**or avoidance**

IF CKPT.SO31=2

SOFILL33=BLANK

IF CKPT.SO23=4/5 OR CKPT.SO4=1

SOFILL34=**this situation**

IF CKPT.SO23=6/7/8 OR CKPT.SO4=2/3

SOFILL34=**these situations**

- Yes
- No

SO34a. During your lifetime, how often did you avoid SOFILL34a - all of the time, most of the time, sometimes, a little of the time, or never?

[INTERVIEWER: If volunteered "It depends on which thing," probe:

"How about for the thing that you avoided most: Did you avoid it -- all of the time, most of the time, sometimes, rarely, or never?"]

FILL RULES:

IF CKPT.SO23=2/3

SOFILL34a=**situations including** [first endorsed item from SO3a-SO3n (SEE FILLS APPENDIX)] **and** [second endorsed item from SO3a-SO3n (SEE FILLS APPENDIX)]

IF CKPT.SO23=4/5

SOFILL34a=[first endorsed item from SO22a-SO22n (SEE FILLS APPENDIX)]

IF CKPT.SO23=6/7

SOFILL34a=**situations including** [first endorsed item from SO22a-SO22n (SEE FILLS APPENDIX)] **and** [second endorsed item from SO22a-SO22n (SEE FILLS APPENDIX)]

IF CKPT.SO23=8

SOFILL34a=**these situations**

- Often
- Sometimes
- Rarely
- Never



SO35. Feelings of this sort sometimes occur as a result of physical causes such as physical illness or injury or the use of medication, drugs, or alcohol. Do you think your fear SOFILL34b in your lifetime ever occurred as the result of such physical causes?

FILL RULES:

IF CKPT.SO31=1

SOFILL34b=**or avoidance**

IF CKPT.SO31=2

SOFILL34b=BLANK

Yes

No **GO TO SO35c**

IF DK/RF CONTINUE

SO35a. Do you think your fear SOFILL34c in your lifetime were always the result of physical causes?

FILL RULES:

IF CKPT.SO31=1

SOFILL34c=**or avoidance**

IF CKPT.SO31=2

SOFILL34c=BLANK

Yes

No **GO TO SO35c**

IF DK/RF GO TO SO35c

SO35b. Briefly, what were the physical causes?

SO35c. Some people only have feelings like these when they are sad or depressed. In your lifetime, did your fear SOFILL34d ever occur when you were sad or depressed?

FILL RULES:

IF CKPT.SO31=1

SOFILL34d=**or avoidance**

IF CKPT.SO31=2

SOFILL34d=BLANK

Yes

No **GO TO SO35e**

IF DK/RF CONTINUE



SO35d. In your lifetime, did you ever have these feelings when you were not sad or depressed?

- Yes
- No

SO35e. What is the longest period in which you experienced these symptoms of feeling very afraid or shy with people, or becoming very upset or nervous when you had to do something in front of a group: less than 3 months, three to five months, six to eleven months, or more than twelve months?

- More than 12 months
- 6 to 11 months
- 3 to 5 months
- Less than 3 months

CKPT.SO36

1...Past Year Version [*PY: meets requirements to proceed to Tx gate*]

CONTINUE

2...CKPT.SO4=1/2/3 [*LT: past 12 mo social discomfort in designated situations*]

CONTINUE

3...(SC23a!=Past12Mo AND SC23b!=Past12Mo) OR CKPT.SO4=5 [*LT: no past 12 mo social discomfort in designated situations*]

GO TO SO36b



SO36a. You had a fear of SOFILL35. When was the last time you either strongly feared or avoided SOFILL36-- within the past month, between two and six months ago, between seven and twelve months ago, or more than twelve months ago?

FILL RULES:

IF CKPT.SO23=2/3/EMPTY AND CKPT.SO4=1

SOFILL35=[first endorsed item from SO3a-SO3n (SEE FILLS APPENDIX)]

SOFILL36=this situation

IF CKPT.SO23=2/3/EMPTY AND CKPT.SO4=2

SOFILL35=situations including [first endorsed item from SO3a-SO3n (SEE FILLS APPENDIX)] and [second endorsed item from SO3a-SO3n (SEE FILLS APPENDIX)]

SOFILL36=these situations

IF CKPT.SO23=2/3/EMPTY AND CKPT.SO4=3

SOFILL35=a number of social or performance situations on the list

SOFILL36=these situations

IF CKPT.SO23=4/5

SOFILL35=[first endorsed item from SO22a-SO22n (SEE FILLS APPENDIX)]

SOFILL36=this situation

IF CKPT.SO23=6/7

SOFILL35=situations including [first endorsed item from SO22a-SO22n (SEE FILLS APPENDIX)] and [second endorsed item from SO22a-SO22n (SEE FILLS APPENDIX)]

SOFILL36=these situations

IF CKPT.SO23=8

SOFILL35=a number of social or performance situations on the list

SOFILL36=these situations

- Within the past month **GO TO SO37**
- Between 2 and 6 months ago **GO TO SO37**
- Between 7 and 12 months ago **GO TO SO37**
- More than 12 months ago

IF DK/RF CONTINUE



SO36b. You had a fear of SOFILL37. How old were you the last time you either strongly feared or avoided SOFILL38?

[INTERVIEWER: Number should not be greater than participant's current age.]

FILL RULES:

IF CKPT.SO23=2/3/EMPTY AND CKPT.SO4=1

SOFILL37=[first endorsed item from SO3a-SO3n (SEE FILLS APPENDIX)]

SOFILL38=this situation

IF CKPT.SO23=2/3/EMPTY AND CKPT.SO4=2

SOFILL37=situations including [first endorsed item from SO3a-SO3n (SEE FILLS APPENDIX)] and [second endorsed item from SO3a-SO3n (SEE FILLS APPENDIX)]

SOFILL38=these situations

IF CKPT.SO23=2/3/EMPTY AND CKPT.SO4=3

SOFILL37=a number of social or performance situations on the list

SOFILL38=these situations

IF CKPT.SO23=4/5

SOFILL37=[first endorsed item from SO22a-SO22n (SEE FILLS APPENDIX)]

SOFILL38=this situation

IF CKPT.SO23=6/7

SOFILL37=situations including [first endorsed item from SO22a-SO22n (SEE FILLS APPENDIX)] and [second endorsed item from SO22a-SO22n (SEE FILLS APPENDIX)]

SOFILL38=these situations

IF CKPT.SO23=8

SOFILL37=a number of social or performance situations on the list

SOFILL38=these situations

years old

SO37. How old were you the very first time you had a fear of SOFILL39?

[INTERVIEWER: Number should not be greater than participant's current age.]

[If unsure, prompt "About how old were you? If "All my life" or "As long as I can remember", prompt: "Was it before you first started school?" If still unsure, prompt: "Was it before you first started school?" If yes, enter '5'; if no, prompt: "Was it before you were a teenager?" If yes, enter '12'; if no, enter '13']

FILL RULES:

IF CKPT.SO23=2/3/EMPTY AND CKPT.SO4=1

SOFILL39=this situation

IF CKPT.SO23=2/3/EMPTY AND CKPT.SO4=2/3

SOFILL39=these situations

IF CKPT.SO23=4/5

SOFILL39=this situation

IF CKPT.SO23=6/7/8

SOFILL39=these situations

years old



CKPT.SO38

- 1...SO14=Sometimes/Most of the time/All of the time [avoidance]
2...SO14=A little of the time/Never/DK/RF/EMPTY [no avoidance]

CONTINUE
GO TO SO40a

SO39. Earlier in the interview you mentioned having times when you avoided social or performance situations because of your fear. How old were you when you first started this avoidance?

[INTERVIEWER: Number should not be greater than participant's current age.]

[If unsure, prompt "About how old were you? If "All my life" or "As long as I can remember", prompt: "Was it before you first started school?" If still unsure, prompt: "Was it before you first started school?" If yes, enter '5'; if no, prompt: "Was it before you were a teenager?" If yes, enter '12'; if no, enter '13']

years old

SO40. How many years in your life did you either strongly fear or avoid SOFILL39a?

[INTERVIEWER: Age should not be greater than participant's current age.]

FILL RULES:

IF CKPT.SO23=2/3/EMPTY AND CKPT.SO4=1

SOFILL39a=this situation

IF CKPT.SO23=2/3/EMPTY AND CKPT.SO4=2/3

SOFILL39a=these situations

IF CKPT.SO23=4/5

SOFILL39a=this situation

IF CKPT.SO23=6/7/8

SOFILL39a=these situations

years



SO40a. Did you ever in your life talk to a medical doctor or other professional about your fear SOFILL40 of SOFILL41? (By other professional we mean psychologists, counselors, spiritual advisors, herbalists, acupuncturists, and other healing professionals.)

FILL RULES:

IF CKPT.SO9=1 OR CKPT.SO31=1

SOFILL40=**or avoidance**

IF CKPT.SO9=2/EMPTY AND CKPT.SO31=2/EMPTY

SOFILL40=BLANK

IF CKPT.SO23=2/3/EMPTY AND CKPT.SO4=1

SOFILL41=[first endorsed item from SO3a-SO3n (SEE FILLS APPENDIX)]

IF CKPT.SO23=2/3/EMPTY AND CKPT.SO4=2

SOFILL41=**situations including** [first endorsed item from SO3a-SO3n (SEE FILLS APPENDIX)] **and** [second endorsed item from SO3a-SO3n (SEE FILLS APPENDIX)]

IF CKPT.SO23=2/3/EMPTY AND CKPT.SO4=3

SOFILL41=**these situations**

IF CKPT.SO23=4/5

SOFILL41=[first endorsed item from SO22a-SO22n (SEE FILLS APPENDIX)]

IF CKPT.SO23=6/7

SOFILL41=**situations including** [first endorsed item from SO22a-SO22n (SEE FILLS APPENDIX)] **and** [second endorsed item from SO22a-SO22n (SEE FILLS APPENDIX)]

IF CKPT.SO23=8

SOFILL41=**these situations**

Yes

No **GO TO SO41**

IF DK/RF GO TO SO41

SO40b. How old were you the first time (you talked to a professional about your fear)?

[INTERVIEWER: Number should not be greater than participant's current age.]

years old

SO40c. Did you receive professional treatment for your fear at any time during the past 12 months?

Yes

No

SO40d. Were you ever hospitalized overnight for your fear?

Yes

No

SO41. How many of your close relatives - including your biological parents, brothers and sisters, and children - ever had a strong fear of social or performance situations?



relatives



Fills Appendix

ID#	Fill Text	Endorsed by
SOID1	meeting new people	SO3a, SO22a
SOID2	talking to people in authority	SO3b, SO22b
SOID3	speaking up at a meeting or in class	SO3c, SO22c
SOID4	going to social gatherings	SO3d, SO22d
SOID5	performing in front of an audience	SO3e, SO22e
SOID6	having an important exam or interview	SO3f, SO22f
SOID7	working while being watched	SO3g, SO22g
SOID8	entering a room with others already present	SO3h, SO22h
SOID9	talking with unfamiliar people	SO3i, SO22i
SOID10	disagreeing with unfamiliar people	SO3j, SO22j
SOID11	writing or eating or drinking while being watched	SO3k, SO22k
SOID12	using a public bathroom	SO3l, SO22l
SOID13	dating	SO3m, SO22m
SOID14	being in a social or performance situation that I did not specify	SO3n, SO22n