



Legend

Blue= interview instructions (not to be read aloud)

Gray= rules and gating

Green= lifetime version

CARS is adapted from the [Composite International Diagnostic Instrument \(CIDI\) for DSM-IV.](#)

Panic Disorder

MODULE ENTRY: THREE OR MORE 'YES' RESPONSES IN SC18c - SC18p

CKPT.P0

1...2-3 Past12mo responses in SC18c-SC18p [*PY fear/panic episode, might qualify for past 12 mo*]

CONTINUE

2...4+ Past12mo responses in SC18c-SC18p [*PY fear/panic episode, enough criteria for next set of PY Qs*]

GO TO P4a

3...Past Year Version [*PY version; potential episode of fear/panic, won't qualify for past 12 months*]

GO TO NEXT MODULE

4...Lifetime Version [*LT version; episode of fear/panic, won't qualify for past 12 months*]

GO TO CKPT.P27 [*LT Qs - Second GATE*]

P3l. Earlier you mentioned having attacks in the past 12 months when all of a sudden you had several problems like being short of breath, your heart pounding or feeling dizzy, and being afraid you would die or go crazy. Think of a bad attack like that in the past 12 months. During that attack in the past 12 months, did you feel that things around you were unreal or like a dream?

- Yes
 No

P3m. (During that attack in the past 12 months) Were you afraid that you might pass out?

- Yes
 No

CKPT.P4

1...(2 Past12month responses in SC18c-SC18p AND P3l=YES AND P3m=YES) OR (3 Past12month responses in SC18c-SC18p AND (P3l=YES OR P3m=YES))

CONTINUE

2...Past Year Version

GO TO NEXT MODULE

3...Lifetime Version

GO TO CKPT.P27 [*LT Qs - Second GATE*]

P4a. (Earlier you mentioned having attacks in the past 12 months when all of a sudden you had several problems like being short of breath, your heart pounding or feeling dizzy, and being afraid you would die or go crazy. Think of a bad attack like that in the past 12 months.) How many attacks with some of the symptoms we have discussed have you had in the past 12 months?

attacks



CKPT.P4b

- 1...Past Year Version AND P4a=0
- 2...Lifetime Version AND P4a=0
- 3...P4a=1/DK/RF
- 4...P4a=2+

GO TO NEXT MODULE
GO TO CKPT.P22 [LT Qs - First GATE]
CONTINUE
GO TO P5

P5_1. During your attack in the past 12 months, did the problems like PFILL1 begin suddenly and reach their peak within minutes after the attack began?

[IF NEC: Did they begin within minutes after the start of the attack?]

FILL RULES:

PFILL1=[First 3 endorsed items in SC18c-SC18p (Past12mo boxes) of PID1-PID15 (SEE FILLS APPENDIX)]

- Yes
- No

GO TO CKPT.P6

P5. During your attacks in the past 12 months, did the problems like PFILL2 begin suddenly and reach their peak within minutes after the attacks began?

[IF NEC: Did they begin within minutes after the start of the attack?]

FILL RULES:

PFILL2=[First 3 endorsed items in SC18c-SC18p (Past12mo boxes) of PID1-PID15 (SEE FILLS APPENDIX)]

- Yes
- (IF VOL) Sometimes
- No

CKPT.P6

1...P5=YES/SOMETIMES OR P5_1=YES [past 12 mo episode of fear/panic/discomfort; 4+ past 12 mo symptoms, occurring w/in first minutes of attack]

CONTINUE

2...Past Year Version [PY; past 12 mo episode of fear/panic/discomfort; 4+ past 12 mo symptoms, but not occurring within first minutes of attack]

GO TO NEXT MODULE

3...Lifetime Version [LT; past 12 mo episode of fear/panic/discomfort; 4+ past 12 mo symptoms, but not occurring within first minutes of attack]

GO TO CKPT.P22 [LT Qs - First GATE]

P7. About how many of these sudden attacks have you had in your entire lifetime?

[INTERVIEWER: If >900 or "More than I can remember", enter '900'.]

attacks



CKPT.P8

1...P7=0-1 [past 12 mo episode of fear/panic/discomfort; 4+ past 12 mo symptoms, occurring w/in first minutes of attack; only 1 lifetime attack]

GO TO CKPT.P46 [Tx Qs]

2...P7=2+/DK/RF [past 12 mo episode of fear/panic/discomfort; 4+ past 12 mo symptoms, occurring w/in first minutes of attack; more than 1 lifetime attack]

CONTINUE

[GRID SCREEN 4]

P9. Think about the PFILL3 you had in the past 12 months. After having PFILL4 did you PFILL5 have any of the following experiences:

FILL RULES:

IF CKPT.P4b=3

PFILL3=PID16

PFILL4=PID18

PFILL5=BLANK

IF CKPT.P4b=4

PFILL3=PID17

PFILL4=PID19

PFILL5=PID22

	Yes	No
G9a. A month or more when you often worried that you might have another attack?	<input type="radio"/>	<input type="radio"/>
G9b. A month or more when you worried that something terrible might happen because of the attacks, like having a car accident, having a heart attack, or losing control?	<input type="radio"/>	<input type="radio"/>
G9c. A month or more when you changed your everyday activities because of the attacks?	<input type="radio"/>	<input type="radio"/>
G9d. A month or more when you avoided certain situations because of fear about having another attack?	<input type="radio"/>	<input type="radio"/>

CKPT.P10

1...1+ 'YES' RESPONSES IN P9 [past 12 mo episode of fear/panic/discomfort; 4+ past 12 mo symptoms, occurring w/in first minutes of attack; >1 lifetime attack; 1+ past 12 mo follow-up symptoms]

CONTINUE

2...Past Year Version [PY; past 12 mo episode of fear/panic/discomfort; 4+ past 12 mo symptoms, occurring w/in first minutes of attack; >1 lifetime attack; no past 12 mo follow-up symptom]

GO TO CKPT.P46 [Tx Qs]

3...Lifetime Version [LT; past 12 mo episode of fear/panic/discomfort; 4+ past 12 mo symptoms, occurring w/in first minutes of attack; >1 lifetime attack; no past 12 mo follow-up symptoms]

GO TO CKPT.P22 [LT Qs - first GATE]



P11a. During the time in the past 12 months when your worry about having another attack was most frequent and severe, did you worry nearly all of the time, most of the time, often, sometimes or only rarely?

- Nearly all of the time
- Most of the time
- Often
- Sometimes
- Only rarely

P11b. And how severe was the worry during this time -- mild, moderate, severe, or so severe that you were unable to carry out important tasks?

- Mild
- Moderate
- Severe
- So severe

P12a. Attacks of this sort can occur in three different situations. The first is when the attacks occur unexpectedly “out of the blue.” The second is when a person has an unreasonably strong fear. For example, some people have a terrible fear of bugs or of heights or of being in a crowd. The third is when a person is in real danger, like a car accident or a bank robbery.

The next questions are about whether your PFILL33 in the past 12 months occurred in each of these three kinds of situations. Did PFILL34 during the past 12 months occur unexpectedly “out of the blue?”

FILL RULES:

IF P4a=1

PFILL33=PID16

PFILL34=PID20

IF P4a=2+

PFILL33=PID17

PFILL34=PID21

- Yes
- No **GO TO P12c**

IF DK/RF GO TO P12c

P12b. About how many attacks in your lifetime occurred unexpectedly “out of the blue?”

[INTERVIEWER: If >900 or “More than I can remember”, enter ‘900’.]

attacks



P12c. About how many attacks in your lifetime occurred in situations where you were not in real danger, but where you had an unreasonably strong fear of the situation?
[INTERVIEWER: If >900 or “More than I can remember”, enter ‘900’.]

attacks

P12d. About how many attacks in your lifetime occurred in situations where you were in real danger?
[INTERVIEWER: If >900 or “More than I can remember”, enter ‘900’. If respondent thought there was real danger even though it turned out not to be dangerous, code as real danger.]

attacks

CKPT.P13

1...P12a=YES [past 12 mo episode of fear/panic/discomfort; 4+ past 12 mo symptoms, occurring w/in first minutes of attack; >1 lifetime attack; past 12 mo follow-up symptoms; past 12 mo attack out of the blue]

CONTINUE

2...Past year version [PY; past 12 mo episode of fear/panic/discomfort; 4+ past 12 mo symptoms, occurring w/in first minutes of attack; >1 lifetime attack; past 12 mo follow-up symptoms; no past 12 mo attack out of the blue]

GO TO CKPT.P46 [Tx Qs]

3...Lifetime version [LT; past 12 mo episode of fear/panic/discomfort; 4+ past 12 mo symptoms, occurring w/in first minutes of attack; >1 lifetime attack; past 12 mo follow-up symptoms; no past 12 mo attack out of the blue]

GO TO CKPT.P22 [LT Qs - First GATE]

P14a. During the past 12 months, how much did PFILL6 unexpected “out of the blue” PFILL7 or worry about having another attack interfere with either your work, your social life, or your personal relationships - an extreme amount, a lot, some, a little, or not at all?

FILL RULES:

IF P12b=1

PFILL6=PID23

PFILL7=PID16

IF P12b>1

PFILL6=PID24

PFILL7=PID17

- An extreme amount
- A lot
- Some
- A little **GO TO CKPT.P15**
- Not at all **GO TO CKPT.P15**

IF DK/RF CONTINUE



P14b. How often during that time during the past 12 months were you unable to carry out your daily activities or to take care of yourself because of PFILL8 unexpected “out of the blue” PFILL9 or worry about having another attack - often, sometimes, rarely, or never?

FILL RULES:

IF P12b=1

PFILL8=PID23

PFILL9=PID16

IF P12b>1

PFILL8=PID24

PFILL9=PID17

- Often
- Sometimes
- Rarely
- Never

GO TO P16a

CKPT.P15

1...Past year Version [PY; past 12 mo episode of fear/panic/discomfort; 4+ past 12 mo symptoms, occurring w/in first minutes of attack; >1 lifetime attack; past 12 mo follow-up symptoms; 1+ past 12 mo attack out of the blue; little interference]

GO TO CKPT.P46 [Tx Qs]

2...Lifetime Version [LT; past 12 mo episode of fear/panic/discomfort; 4+ past 12 mo symptoms, occurring w/in first minutes of attack; >1 lifetime attack; past 12 mo follow-up symptoms; 1+ past 12 mo attacks out of the blue; little interference]

GO TO CKPT.P22 [LT Qs - First GATE]

P16a. Attacks of this sort sometimes occur as a result of physical causes such as physical illness or injury or the use of medication, drugs, or alcohol. Do you think PFILL10 during the past 12 months occurred as the result of such physical causes?

FILL RULES:

IF CKPT.P4b=3

PFILL10=PID20

IF CKPT.P4b=4

PFILL10=PID21

- Yes
- No **GO TO P17**

IF DK/RF GO TO P16b

CKPT.P16a_1

1...P4a=1

GO TO PT16c

2...P4a=2+/DK/RF

CONTINUE



P16b. Do you think all of your attacks during the past 12 months were the result of physical causes?

- Yes
- No **GO TO P17**

IF DK/RF GO TO P17

P16c. Briefly, what were the physical causes?

P17. When you had an attack in the past 12 months, how much emotional distress did it cause you during the attack itself - none, mild, moderate, severe, or so severe that you were unable to concentrate and had to stop what you were doing?

- None
- Mild
- Moderate
- Severe
- So Severe

P18a. Sometimes people with attacks get upset by physical sensations that remind them of the attacks. Examples include being out of breath after physical exercise, feeling speeded up after drinking coffee or caffeinated beverages, feeling out of control after using alcohol or drugs, and feeling tingly while watching a scary motion picture or television show. During the past 12 months, did you ever get upset by any physical sensations that reminded you of your attacks?

- Yes
- No **GO TO P19a**

IF DK/RF CONTINUE

P18b. How strong was your discomfort with any physical sensations like these during the past 12 months - very severe, severe, moderate, mild, or no discomfort?

- Very severe
- Severe
- Moderate
- Mild
- No discomfort



P18c. How often did you avoid situations or activities that might cause these physical sensations during the past 12 months - often, sometimes, rarely, or never?

- Often
- Sometimes
- Rarely **GO TO P19**
- Never **GO TO P19**

IF DK/RF GO TO P19

P18d. How much did avoidance of these situations interfere with either your work, your social life, or your personal relationships during the past 12 months - an extreme amount, a lot, some, a little, or not at all?

- An extreme amount
- A lot
- Some
- A little
- Not at all



[GRID SCREEN 5]

P19. Think about the month or longer during the past 12 months when your PFILL11 or worry about PFILL12 PFILL13 was most severe. Using a 0 to 10 scale where 0 means no interference and 10 means very severe interference, what number describes how much the PFILL14 or worry about the PFILL35 interfered with each of the following activities during that time?

[IF NEC: How much did your PFILL36 or worry about the PFILL37 interfere with (ACTIVITY) during that time?]

[IF NEC: You can use any number between 0 and 10 to answer.]

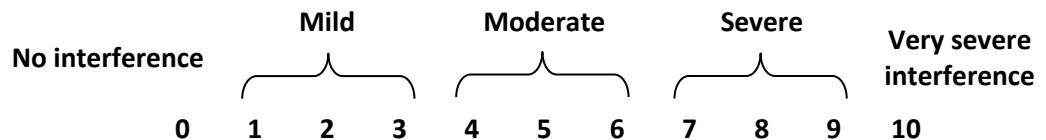
FILL RULES:

IF P12b=1

- PFILL11=PID16
- PFILL12=PID23
- PFILL13=PID16
- PFILL14=PID16
- PFILL35=PID16
- PFILL36=PID16
- PFILL37=PID16

IF P12b>1

- PFILL11=PID17
- PFILL12=PID24
- PFILL13=PID17
- PFILL14=PID17
- PFILL35=PID17
- PFILL36=PID17
- PFILL37=PID17



	0	1	2	3	4	5	6	7	8	9	10
a. Your home management, like cleaning, shopping, and taking care of the house or apartment?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Your ability to work?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Your ability to form and maintain close relationships with other people?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Your social life?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



CKPT.P20

1...Any response to P19a-P19d > 0 [past 12 mo episode of fear/panic/discomfort; 4+ past 12 mo symptoms, occurring w/in first minutes of attack; >1 lifetime attack; past 12 mo follow-up symptoms; 1+ past 12 mo attack out of the blue; some interference; some Sheehan interference]

CONTINUE

2...Past Year Version and all four responses to P19a-P19d=0 [PY; past 12 mo episode of fear/panic/discomfort; 4+ past 12 mo symptoms, occurring w/in first minutes of attack; >1 lifetime attack; past 12 mo follow-up symptoms; 1+ past 12 mo attack out of the blue; some interference; 0 Sheehan interference] **GO TO CKPT.P46 [Tx Qs]**

3...Lifetime Version and all four responses to P19a-P19d=0 [LT; past 12 mo episode of fear/panic/discomfort; 4+ past 12 mo symptoms, occurring w/in first minutes of attack; >1 lifetime attack; past 12 mo follow-up symptoms; 1+ past 12 mo attack out of the blue; some interference; 0 Sheehan interference] **GO TO CKPT.P22 [LT Qs - First GATE]**

P21. During the past 12 months, about how many days out of 365 were you totally unable to work or carry out your normal activities because of your PFILL15 or because of your worry about your PFILL16? [INTERVIEWER: 7 days=1 week; 30 days=1 months; 365 days=1 year]

[IF NEC: You may use any number between 0 and 365 to answer.]

FILL RULES:

IF P12b=1

PFILL15=PID16

PFILL16=PID16

IF P12b=>1

PFILL15=PID17

PFILL16=PID17

days

CKPT.P22

0...SC18f!=Past12mo AND P3m!=YES (not dizzy + faint/pass out)

1...SC18f=Past12mo OR P3m=YES (dizzy + faint/pass out)

CKPT.P23

0...SC18m!=Past12mo AND P3l!=YES (no unreal/dream feeling)

1...SC18m=Past12mo OR P3l=YES (unreal/dream feeling)

CKPT.P24

0...P9c!=YES AND P9d!=YES AND (P18c=Rarely/Never/Sometimes/DK/RF/EMPTY) (no change in/avoiding activities)

1...P9c=YES OR P9d=YES OR P18c=often (change in/avoiding activities)



CKPT.P25

0...(SC18c(12mo)+SC18d(12mo)+SC18e(12mo)+SC18g(12mo)+SC18h(12mo)+SC18j(12mo)+SC18k(12mo)+SC18l(12mo)+SC18n(12mo)+SC18o(12mo)+SC18p(12mo)+CKPT.P22+CKPT.P23<4) OR (CKPT.P4=3) OR (CKPT.P6=EMPTY or 3) *[does not meet PY DSM criteria for panic attack]*

1...(SC18c(12mo)+SC18d(12mo)+SC18e(12mo)+SC18g(12mo)+SC18h(12mo)+SC18j(12mo)+SC18k(12mo)+SC18l(12mo)+SC18n(12mo)+SC18o(12mo)+SC18p(12mo)+CKPT.P22+CKPT.P23>3) AND CKPT.P6=1 *[meets PY DSM criteria for panic attack]*

CKPT.P26

0...CKPT.P25=0 OR P7=0-1/DK/RF OR P12a!=YES OR (P12b=0-3/DK/RF) OR (P9a!=YES AND P9b!=YES AND CKPT.P24=0) OR (P16a=YES AND P16b=YES) *[does not meet PY DSM criteria for panic disorder]*

CONTINUE

1...CKPT.P25=1 AND P7=2+ AND P12a=YES AND P12b=4+ AND (P9a=YES OR P9b=YES OR CKPT.P24=1) AND (P16a!=YES OR P16b!=YES)*[meets PY DSM criteria for panic disorder]*

GO TO CKPT.P46 [Tx Qs]

CKPT.P27

1...PY VERSION

2...CKPT.P0=2 AND CKPT.P6=1 AND CKPT.P10=1 AND CKPT.P13=3 AND P12b=0

3...SC18a!=Past12mo AND SC18b!=Past12mo [no past 12 mo attacks]

4...CKPT.P0=4 OR CKPT.P4=3 OR (CKPT.P0=2 AND CKPT.P6=3)

5...ALL OTHERS

GO TO CKPT.P46

GO TO CKPT.P46

GO TO P30I

CONTINUE

CONTINUE

P28. Did you ever have a time in your life when your attacks of fear or panic PFILL17 were more intense than during the past 12 months?

FILL RULES:

IF CKPT.P27=4

PFILL17=BLANK

IF CKPT.P27=5

PFILL17=PID25

- Yes
- No

CKPT.P29

1...P28=YES *[Lifetime attacks worse than past 12 mo; <4 problems past 12 mo]*

CONTINUE

2...CKPT.P27=4 *[Lifetime attacks not worse than past 12 mo; <4 problems past 12 mo OR problems not peaking w/in minutes]*

GO TO NEXT MODULE

3...CKPT.P27=5 *[Lifetime attacks not worse than past 12 mo; >3 problems past 12 mo, peaking w/in minutes]*

GO TO CKPT.P46



P30l. PFILL20 During that attack, did you feel that things around you were unreal or like a dream?

FILL RULES:

IF CKPT.P27=3

PFILL20=PID27

IF CKPT.P29=1

PFILL20=PID26

- Yes
- No

P30m. PFILL21 During that attack, were you afraid that you might pass out?

FILL RULES:

IF CKPT.P27=3

PFILL21=PID27

IF CKPT.P29=1

PFILL21=PID26

- Yes
- No

CKPT.P31

1...(0-1 YES responses in SC18c-SC18p OR (2 YES responses in SC18c-SC18p AND (P30l!=YES OR P30m!=YES)) OR (3 YES responses in SC18c-SC8p AND (P30l!=YES AND P30m!=YES)))

CONTINUE

2...(4+YES responses in SC18c-SC18p OR (2 YES responses in SC18c-SC18p AND P30l=YES AND P30m=YES) OR (3 YES responses in SC18c-SC8p AND (P30l=YES OR P30m=YES)))

GO TO CKPT.P31b

CKPT.P31a

1...(CKPT.P0=4 OR CKPT.P4=3)

GO TO NEXT MODULE

2...(CKPT.P0=2 OR CKPT.P4=1) AND CKPT.P27=3/4

GO TO P32

3...(CKPT.P0=2 OR CKPT.P4=1) AND CKPT.P27=5 AND (P9a!=YES AND P9b!=YES AND CKPT.P24=0)

GO TO P36a

4...(CKPT.P4=1) AND CKPT.P27=5 AND (P9a=YES OR P9b=YES OR CKPT.P24=1)

GO TO P38a

CKPT.P31b

1...CKPT.P27=3/4

CONTINUE

2...CKPT.P27=5 AND (P9a!=YES AND P9b!=YES AND CKPT.P24=0)

GO TO P36a

3...CKPT.P27=5 AND (P9a=YES OR P9b=YES OR CKPT.P24=1)

GO TO P38a



P32. During your attacks did the problems like PFILL22 begin suddenly and reach their peak within minutes after the attacks began?

[IF NEC: Did they begin within minutes after the start of the attack?]

FILL RULES:

PFILL22=[First 3 endorsed items in SC18c-18p of PID1-PID15 (SEE FILLS APPENDIX)]

- Yes
- (IF VOL) Sometimes
- No

CKPT.P33

1...P32!=YES/SOMETIMES [*lifetime attack of fear/panic/discomfort; 4+ problems, but not occurring within first minutes of attack*]

GO TO NEXT MODULE

2...P7=0-1/DK/RF/EMPTY [*lifetime attack of fear/panic/discomfort; 4+problems, occurring w/in first minutes of attack; no info on # of lifetime episodes*]

CONTINUE

3...P7=2+ [*lifetime attack of fear/panic/discomfort; 4+problems, occurring w/in first minutes of attack*]

GO TO P36a

P34. About how many of these sudden attacks have you had in your entire lifetime?

[INTERVIEWER: If >900 or "More than I can remember", enter '900'.]

attacks

CKPT.P35

1...P34=0-1 [*lifetime attack of fear/panic/discomfort; 4+problems, occurring w/in first minutes of attack; only 1 lifetime attack*]

GO TO CKPT.P46 [Tx Qs]

2...P34=2+/DK/RF [*lifetime attack of fear/panic/discomfort; 4+problems, occurring w/in first minutes of attack; > 1 lifetime attack*]

CONTINUE



[GRID SCREEN 9]

After having one of these attacks, did you ever have any of the following experiences:

	Yes	No
P36a. A month or more when you often worried that you might have another attack?	<input type="radio"/>	<input type="radio"/>
P36b. A month or more when you worried that something terrible might happen because of the attacks, like having a car accident, having a heart attack, or losing control?	<input type="radio"/>	<input type="radio"/>
P36c. A month or more when you changed your everyday activities because of the attacks?	<input type="radio"/>	<input type="radio"/>
P36d. A month or more when you avoided certain situations because of fear about having another attack?	<input type="radio"/>	<input type="radio"/>

CKPT.P37

1...1+ 'YES' RESPONSES IN P36 [*attack of fear/panic/discomfort; 4+ symptoms, occurring w/in first minutes of attack; >1 lifetime attack; 1+ follow-up symptom*]

CONTINUE

2...CKPT.P10=1 [*attack of fear/panic/discomfort; 4+ symptoms, occurring w/in first minutes of attack; >1 lifetime attack; no lifetime follow-up symptoms, but past year follow-up symptoms endorsed*]

CONTINUE

3...CKPT.P10=3/EMPTY [*attack of fear/panic/discomfort; 4+ symptoms, occurring w/in first minutes of attack; >1 lifetime attack; no follow-up symptoms*]

GO TO CKPT.P46

P38a. PFILL23 During the time when your worry about having another attack was most frequent and severe, did you worry nearly all of the time, most of the time, often, sometimes, or only rarely?

FILL RULES:

IF CKPT.P31A=4 OR CKPT.P31B=3 OR P36Aa=YES

PFILL23=PID28

ELSE

PFILL23=BLANK

- Nearly all of the time
- Most of the time
- Often
- Sometimes
- Only Rarely

P38b. And how severe was the worry during this time -- mild, moderate, severe, or so severe that you were unable to carry out important tasks?

- Mild
- Moderate
- Severe
- So severe



CKPT.P39

1...P12b=0/DK/RF [attack of fear/panic/discomfort; 4+ problems, occurring w/in first minutes of attack; >1 lifetime attack; follow-up symptoms; 0 lifetime attacks out of the blue]

GO TO CKPT.P46 [Tx Qs]

2...P12b=1 AND P12a=YES [attack of fear/panic/discomfort; 4+ problems, occurring w/in first minutes of attack; >1 lifetime attack; follow-up symptoms; 1 LT attack out of the blue, happened in past 12 mo]

GO TO CKPT.P43

3...(P12b=1 AND P12a!=YES) OR P12b>1 [attack of fear/panic/discomfort; 4+ problems, occurring w/in first minutes of attack; >1 lifetime attack; follow-up symptoms; 1 LT attack out of the blue, not in past 12 mo, or 2+ lifetime attacks out of the blue]

GO TO P42a

4...P12a=EMPTY OR P12b=EMPTY [attack of fear/panic/discomfort; 4+ problems, occurring w/in first minutes of attack; >1 LT attack; follow-up symptoms; unknown lifetime attacks out of the blue]

CONTINUE

P40a. Attacks of this sort can occur in three different situations. The first is when the attacks occur unexpectedly “out of the blue.” The second is when a person has an unreasonably strong fear. For example, some people have a terrible fear of bugs or of heights or of being in a crowd. The third is when a person is in real danger, like a car accident or a bank robbery. The next questions are about how many of your attacks occurred in each of these three kinds of situations.

About how many attacks during your lifetime occurred unexpectedly “out of the blue?”

[INTERVIEWER: If >900 or “More than I can remember”, enter ‘900’.]

attacks

P40b. About how many attacks during your lifetime occurred in situations where you were not in real danger, but where you had an unreasonably strong fear of the situation?

[INTERVIEWER: If >900 or “More than I can remember”, enter ‘900’.]

attacks

P40c. About how many attacks during your lifetime occurred in situations where you were in real danger?

[INTERVIEWER: If >900 or “More than I can remember”, enter ‘900’. If respondent thought there was real danger even though it turned out not to be dangerous, code as real danger]

attacks



CKPT.P41

1...P40a=0 [attack of fear/panic/discomfort; 4+ problems, occurring w/in first minutes of attack; >1 lifetime attack; follow-up symptoms; 0 lifetime attacks out of the blue]

GO TO CKPT.P46 [Tx]

2...P40a=1+/DK/RF [attack of fear/panic/discomfort; 4+ problems, occurring w/in first minutes of attack; >1 lifetime attack; follow-up symptoms; 1+ lifetime attack out of the blue]

CONTINUE

P42a. PFILL24 How much did PFILL25 unexpected “out of the blue” PFILL26 or worry about having another attack ever interfere with either your work, your social life, or your personal relationships - not at all, a little, some, a lot, or an extreme amount?

FILL RULES:

IF CKPT.P39=3

PFILL24=You mentioned earlier that you had at least one attack that occurred unexpectedly, “out of the blue.”

IF CKPT.P41=2

PFILL24=BLANK

IF P40a!=EMPTY AND P40a=1

PFILL25=PID23

PFILL26=PID16

IF P40a!=EMPTY AND P40a=2+

PFILL25=PID24

PFILL26=PID17

IF P40a=EMPTY AND P12b=1

PFILL25=PID23

PFILL26=PID16

IF P40a=EMPTY AND P12b=2+

PFILL25=PID24

PFILL26=PID17

An extreme amount

A lot

Some

A little

GO TO CKPT.P43

Not at all

GO TO CKPT.P43

IF DK/RF CONTINUE



P42b. How often during that time were you unable to carry out your daily activities or to take care of yourself because of PFILL27 unexpected “out of the blue” PFILL28 or worry about having another attack - often, sometimes, rarely, or never?

FILL RULES:

IF P40a !=EMPTY AND P40a=1

PFILL27=PID23

PFILL28=PID16

IF P40a !=EMPTY AND P40a=2+

PFILL27=PID24

PFILL28=PID17

IF P40a=EMPTY AND P12b=1

PFILL27=PID23

PFILL28=PID16

IF P40a=EMPTY AND P12b=2+

PFILL27=PID24

PFILL28=PID17

- Often
- Sometimes
- Rarely
- Never

CKPT.P43

1...P42a=some/a lot/an extreme amount OR P14a=some/a lot/an extreme amount [interference]

CONTINUE

2...ALL OTHERS [little to no interference]

GO TO CKPT.P46

CKPT.P44

1...P16a!=YES [*attack of fear/panic/discomfort; 4+ problems, occurring w/in first minutes of attack; >1 lifetime attack; follow-up symptoms; 1 lifetime attack out of the blue (past 12 mo); some interference; past 12 mo. attacks never result of physical causes*]

CONTINUE

2...P16b!=YES [*attack of fear/panic/discomfort; 4+ problems, occurring w/in first minutes of attack; >1 lifetime attack; follow-up symptoms; 1 lifetime attack out of the blue (past 12 mo); some interference; past 12 mo. attacks sometimes result of physical causes but not always*]

GO TO P45b

3...P16b=YES [*attack of fear/panic/discomfort; 4+ problems, occurring w/in first minutes of attack; >1 lifetime attack; follow-up symptoms; 1 lifetime attack out of the blue (past 12 mo); some interference; past 12 mo attacks always result of physical causes*]

GO TO P45b



P45a. Attacks of this sort sometimes occur as a result of physical causes such as physical illness or injury or the use of medication, drugs, or alcohol. Do you think any of your attacks ever occurred as the result of such physical causes?

- Yes
- No **GO TO CKPT.P46**

IF DK/RF CONTINUE

P45b. Earlier you mentioned that some of your attacks were the result of physical causes. Do you think all of your attacks in your lifetime were the result of physical causes?

- Yes
- No **GO TO CKPT.P46**

IF DK/RF GO TO CKPT.P46

P45c. Briefly, what were the physical causes?

CKPT.P46

- 1...Past Year Version [*PY: meets requirements to proceed to Tx gate*] **CONTINUE**
- 2...SC18a=Past12mo OR SC18b=Past12mo [*LT: past 12 mo attack*] **CONTINUE**
- 3...SC18a=NOTPast12mo AND SC18b=NOTPast12mo [*LT: no past 12 mo attack*] **GO TO P47_2**

P47_1. When was the last time you had a sudden attack, one where the associated problems began suddenly and reached their peak within minutes after the attack began - within the past month, between two and six months ago, or more than six months ago?

- Within the past month
- Between 2 and 6 months ago
- More than 6 months ago

GO TO CKPT.P48

P47_2. How old were you the last time you had a sudden attack, one where the associated problems began suddenly and reached their peak w/in minutes after the attack began?

[INTERVIEWER: Number should not be greater than participant's current age.]

years old



CKPT.P48

1...P7=1 OR P34=1[only 1 attack in lifetime]

GO TO P51a

2...(P7=2+/DK/RF) AND (P34=2+/DK/RF) [> 1 attack in lifetime]

CONTINUE

P49. Think of the very first time in your life you had an attack of this sort (one where the associated problems began suddenly and reached their peak w/in minutes after the attack began). How old were you?

[INTERVIEWER: Number should not be greater than participant's current age.]

[If unsure, prompt: "About how old were you?" If still unsure or if "All my life" or "As long as I can remember", prompt: "Was it before your teens?" If Yes, enter '12'; if no, prompt: "Was it before your twenties?" If Yes, enter '19'; if no, enter '20']

years old

P50. How many different years in your life did you have at least one attack of this sort (one where the associated problems began suddenly and reached their peak within minutes after the attack began)?

[INTERVIEWER: Age should not be greater than participant's current age.]

years

P51a. Did you ever in your life talk to a medical doctor or other professional about your PFILL29? (By professional we mean psychologists, counselors, spiritual advisors, herbalists, acupuncturists, and other healing professionals.)

FILL RULES:

IF CKPT.P48=1

PFILL29=PID16

IF CKPT.P48=2

PFILL29=PID17

Yes

No **GO TO P52**

IF DK/RF GO TO P52

P51b. How old were you the first time (you talked to a professional about your PFILL30)?

FILL RULES:

IF CKPT.P48=1

PFILL30=PID16

IF CKPT.P48=2

PFILL30=PID17

[If unsure, prompt: "About how old were you?" If still unsure or if "All my life" or "As long as I can remember", prompt: "Was it before your teens?" If Yes, enter '12'; if no, prompt: "Was it before your twenties?" If Yes, enter '19'; if no, enter '20']

years old



P51c. Did you receive professional treatment for your PFILL31 at any time during the past 12 months?

FILL RULES:

IF CKPT.P48=1

PFILL31=PID16

IF CKPT.P48=2

PFILL31=PID17

- Yes
- No

P51d. Were you ever hospitalized overnight for your PFILL32?

FILL RULES:

IF CKPT.P48=1

PFILL32=PID16

IF CKPT.P48=2

PFILL32=PID17

- Yes
- No

P52. How many of your close relatives - including your biological parents, brothers and sisters, and children - ever had attacks of this sort?

relatives



Fills Appendix

- PID1: heart racing
- PID2: being short of breath
- PID3: having nausea
- PID4: feeling dizzy
- PID5: sweating
- PID6: trembling
- PID7: choking
- PID8: having discomfort in your chest
- PID9: fearing that you might lose control of yourself
- PID10: feeling unreal
- PID11: feeling that things around you were unreal
- PID12: fearing that you might pass out
- PID13: fearing that you might die
- PID14: having heat sensations
- PID15: having numbness
- PID16: attack
- PID17: attacks
- PID18: that attack
- PID19: one of those attacks
- PID20: your attack
- PID21: any of your attacks
- PID22: ever
- PID23: this
- PID24: these
- PID25: or worry about your attacks
- PID26: Think of a particularly bad attack in your lifetime that was more intense than the one(s) you reported from the past year.
- PID27: Earlier you mentioned having attacks when all of a sudden you had several problems like being short of breath, your heart pounding or feeling dizzy, and being afraid you would die or go crazy. Think of a particularly bad attack like that in your lifetime.
- PID28: You mentioned earlier that you had a month or more when you worried about having another attack.
- PID29: You mentioned earlier that you had at least one attack that occurred unexpectedly, “out of the blue.”