



**Legend**  
Blue= interview instructions (not to be read aloud)  
Gray= rules and gating  
Green= lifetime version

## **Panic Disorder Module**

**PANIC DISORDER ENTRY:** THREE OR MORE 'YES' RESPONSES IN SC18c – SC18p)

### **CKPT.P0**

1.... (SC18a=12mo OR SC18b=12mo) AND 2 or 3 (but less than 4) past 12month responses in SC18c-SC18p [*Screener PY episode of fear/panic, might qualify for past 12 month*] **GO TO P3I**

2....Past Year Version AND (SC18a=12mo OR SC18b=12mo) AND <2 past 12month responses in SC18c-SC18p [*PY version; Screener PY episode of fear/panic, won't qualify for past 12 months*]

**GO TO NEXT MODULE**

3....Lifetime Version AND (SC18a=12mo OR SC18b=12mo) AND <2 past 12month responses in SC18c-SC18p [*LT version; Screener PY episode of fear/panic, won't qualify for past 12 months*]

**GO TO CKPT.P27 [LT Qs – 2<sup>nd</sup> GATE]**

4.... (SC18a=12mo OR SC18b=12mo) AND 4+ past 12month responses in SC18c-SC18p [*Screener PY episode of fear/panic, enough criteria for next set of PY Qs*] **GO TO P4a**

5....Lifetime Version AND SC18a=NOT12mo AND SC18b=NOT12mo [*LT Version; Screener episode of fear/panic, not PY*] **GO TO CKPT.P27 [LT Qs – 2<sup>nd</sup> GATE]**

6....Past Year Version AND SC18a=NOT12mo AND SC18b=NOT12mo [*PY version; Screener episode of fear/panic, not PY*] **GO TO NEXT MODULE**

**P3I.** Earlier you mentioned having attacks in the past 12 months when all of a sudden you had several problems like being short of breath, your heart pounding or feeling dizzy, and being afraid you would die or go crazy. Think of a bad attack like that in the past 12 months. During that attack in the past 12 months, did you feel that things around you were unreal or like a dream?

- Yes
- No

**P3m.** (During that attack in the past 12 months) Were you afraid that you might pass out?

- Yes
- No

**CKPT.P4.**

- 1.... Two past 12month responses in SC18c-SC18p AND P3l=YES AND P3m=YES **GO TO P4a**
- 2.... Three past 12month responses in SC18c-SC18p AND (P3l=YES OR P3m=YES) **GO TO P4a**
- 3.... Past Year version AND (Two past 12month responses in SC18c-SC18p ) AND (P3l!=YES OR P3m!=YES)  
**GO TO NEXT MODULE**
- 4.... Past Year version AND P3l!=YES AND P3m!=YES) **GO TO NEXT MODULE**
- 5.... Lifetime version AND (Two past 12month responses in SC18c-SC18p ) AND (P3l!=YES OR P3m!=YES)  
**GO TO CKPT.P27 [LT Qs – 2<sup>nd</sup> GATE]**
- 6.... Lifetime version AND P3l!=YES AND P3m!=YES  
**GO TO CKPT.P27 [LT Qs – 2<sup>nd</sup> GATE]**

**P4a.** (Earlier you mentioned having attacks in the past 12 months when all of a sudden you had several problems like being short of breath, your heart pounding or feeling dizzy, and being afraid you would die or go crazy. Think of a bad attack like that in the past 12 months.) How many attacks with some of the symptoms we have discussed have you had in the past 12 months?

attacks

**CKPT.P4b**

- 1... PY AND P4a = '0' **GO TO NEXT MODULE**
- 2... LT AND P4a = '0' **GO TO CKPT.P22 [LT Qs – 1<sup>st</sup> GATE]**
- 3... P4a = '1'/DK/RF **GO TO P5\_1**
- 4... P4a > '1' **GO TO P5**

**P5\_1.** During your attack in the past 12 months, did the problems like PFILL1 begin suddenly and reach their peak within ten minutes after the attack began?

[IF NEC: Did they begin within ten minutes after the start of the attack?]

PFILL1 = (1st 3 endorsed items in SC18c-SC18p(past12mo boxes) of PID1-PID16...SEE FILLS APPENDIX)

- Yes **GO TO CKPT.P6**
- No

**GO TO CKPT.P6**

**P5.** During your attacks in the past 12 months, did the problems like PFILL2 begin suddenly and reach their peak within ten minutes after the attacks began?

[IF NEC: Did they begin within ten minutes after the start of the attack?]

PFILL2 = (1st 3 endorsed items in SC18c-SC18p(past12mo boxes) of PID1-PID16... SEE FILLS APPENDIX)

- Yes
- (IF VOL) Sometimes
- No

**CKPT.P6.**

1.... Past Year version AND P5!=YES OR P5\_1!=YES [PY; past 12 mo episode of fear/panic/discomfort; 4+ past 12 mo symptoms, but not occurring within 1<sup>st</sup> 10 minutes of attack]

**GO TO NEXT MODULE**

2.... Lifetime version AND P5!=YES OR P5\_1!=YES [LT; past 12 mo episode of fear/panic/discomfort; 4+ past 12 mo symptoms, but not occurring within 1<sup>st</sup> 10 minutes of attack]

**GO TO CKPT.P22 [LT Qs – 1<sup>st</sup> GATE]**

3.... P5=YES OR P5=SOMETIMES OR P5\_1 = YES [past 12 mo episode of fear/panic/discomfort; 4+ past 12 more symptoms, occurring w/in 1<sup>st</sup> 10 minutes of attack]

**GO TO P7**

**P7. About how many of these sudden attacks have you had in your entire lifetime?**

[INTERVIEWER: If >900 or “more than I can remember”, enter ‘900’]

Attack

**CKPT.P8.**

1.... P7<=1 [past 12 mo episode of fear/panic/discomfort; 4+ past 12 mo symptoms, occurring w/in 1<sup>st</sup> 10 minutes of attack; only 1 lifetime attack]

**GO TO CKPT.P46 [Tx Qs]**

2.... P7>1/DK/RF [past 12 mo episode of fear/panic/discomfort; 4+ past 12 mo symptoms, occurring w/in 1<sup>st</sup> 10 minutes of attack; > 1 lifetime attack]

**GO TO GRID SCREEN 4**

**[GRID SCREEN 4]**

**P9.** Think about the PFILL3 you had in the past 12 months. After having PFILL4 did you PFILL5 have any of the following experiences:

IF CKPT.P4b= 3

PFILL3= attack

PFILL4= that attack

PFILL5= BLANK

IF CKPT.P4b= 4

PFILL3=attacks

PFILL4= one of those attacks

PFILL5= ever

	Yes	No
<b>P9a.</b> A month or more when you often worried that you might have another attack?	<input type="radio"/>	<input type="radio"/>
<b>P9b.</b> A month or more when you worried that something terrible might happen because of the attacks, like having a car accident, having a heart attack, or losing control?	<input type="radio"/>	<input type="radio"/>
<b>P9c.</b> A month or more when you changed your everyday activities because of the attacks?	<input type="radio"/>	<input type="radio"/>
<b>P9d.</b> A month or more when you avoided certain situations because of fear about having another attack?	<input type="radio"/>	<input type="radio"/>

**IF DK/RF MARK IN GRID AND GO TO NEXT QUESTION/SCREEN**

**CKPT.P10**

1.... Past Year Version AND (0 'YES' RESPONSES IN P9) [*PY; past 12 mo episode of fear/panic/discomfort; 4+ past 12 mo symptoms, occurring w/in 1<sup>st</sup> 10 minutes of attack; >1 lifetime attack; no past 12 mo follow-up symptoms* ] **GO TO CKPT.P46 [Tx Qs]**

2.... Lifetime Version AND (0 'YES' RESPONSES IN P9) [*LT; past 12 mo episode of fear/panic/discomfort; 4+ past 12 mo symptoms, occurring w/in 1<sup>st</sup> 10 minutes of attack; >1 lifetime attack; no past 12 mo follow-up symptoms* ] **GO TO CKPT.P22 [LT Qs – 1<sup>st</sup> GATE]**

3.... 1+ 'YES' RESPONSES IN P9 [*past 12 mo episode of fear/panic/discomfort; 4+ past 12 mo symptoms, occurring w/in 1<sup>st</sup> 10 minutes of attack; >1 lifetime attack; 1+ past 12 mo follow-up symptoms* ] **GO TO P11a**

**P11a.** During the time in the past 12 months when your worry about having another attack was most frequent and severe, did you worry nearly all of the time, most of the time, often, sometimes or only rarely?

- Nearly all of the time
- Most of the time
- Often
- Sometimes
- Only rarely

**P11b.** And how severe was the worry during this time -- mild, moderate, severe, or so severe that you were unable to carry out important tasks?

- Mild
- Moderate
- Severe
- So Severe

**P12a.** Attacks of this sort can occur in three different situations. The first is when the attacks occur unexpectedly “out of the blue.” The second is when a person has an unreasonably strong fear. For example, some people have a terrible fear of bugs or of heights or of being in a crowd. The third is when a person is in real danger, like a car accident or a bank robbery.

The next questions are about whether your [Fill] in the past 12 month PFILL33 occurred in each of these three kinds of situations. Did PFILL34 during the past 12 months occur unexpectedly “out of the blue?”

IF P4a= 1

PFILL33= attack

PFILL34= your attack

IF P4a= >1

PFILL33= attacks

PFILL34= any of your attacks

- Yes
- No

IF DK/RF GO TO P12c

**P12b.** About how many attacks in your lifetime occurred unexpectedly “out of the blue?”

[INTERVIEWER: If >900 or “more than I can remember”, enter ‘900’]

attacks

**P12c.** About how many attacks in your lifetime occurred in situations where you were not in real danger, but where you had an unreasonably strong fear of the situation?

[INTERVIEWER: If >900 or “more than I can remember”, enter ‘900’]

attacks

**P12d.** About how many attacks in your lifetime occurred in situations where you were in real danger?

[INTERVIEWER: If >900 or “more than I can remember”, enter ‘900’]

If respondent thought there was real danger even though it turned out not to be dangerous, code as real danger]

attacks

**CKPT.P13.**

1.... P12a=YES [past 12 mo episode of fear/panic/discomfort; 4+ past 12 mo symptoms, occurring w/in 1<sup>st</sup> 10 minutes of attack; >1 lifetime attack; past 12 mo follow-up symptoms; past 12 mo attack out of the blue] **GO TO P14a**

2.... Past year version AND P12a!=YES [PY; past 12 mo episode of fear/panic/discomfort; 4+ past 12 mo symptoms, occurring w/in 1<sup>st</sup> 10 minutes of attack; >1 lifetime attack; past 12 mo follow-up symptoms; no past 12 mo attack out of the blue] **GO TO CKPT.P46 [Tx Qs]**

3.... Lifetime version AND P12a!=YES [LT; past 12 mo episode of fear/panic/discomfort; 4+ past 12 mo symptoms, occurring w/in 1<sup>st</sup> 10 minutes of attack; >1 lifetime attack; past 12 mo follow-up symptoms; no past 12 mo attack out of the blue] **GO TO CKPT.P22 [LT Qs – 1<sup>st</sup> GATE]**

**P14a.** During the past 12 months, how much did PFILL6 unexpected “out of the blue” PFILL7 or worry about having another attack interfere with either your work, your social life, or your personal relationships – an extreme amount, a lot, some, a little, or not at all?

IF P12b= 1

PFILL6= this

PFILL7= attack

IF P12b= >1

PFILL6= these

PFILL7= attacks

- An extreme amount
- A lot
- Some
- A little **GO TO CKPT.P15**
- Not at all **GO TO CKPT.P15**

**IF DK/RF GO TO P14b**

**P14b.** How often during that time during the past 12 months were you unable to carry out your daily activities or to take care of yourself because of PFILL8 unexpected “out of the blue” PFILL9 or worry about having another attack – often, sometimes, rarely, or never?

IF P12b= 1

PFILL8= this

PFILL9= attack

IF P12b= >1

PFILL8= these

PFILL9= attacks

- Often
- Sometimes
- Rarely
- Never

**GO TO P16a**

**CKPT.P15**

1.... Past year version [PY; past 12 mo episode of fear/panic/discomfort; 4+ past 12 mo symptoms, occurring w/in 1<sup>st</sup> 10 minutes of attack; >1 lifetime attack; past 12 mo follow-up symptoms; 1+ past 12 mo attack out of the blue; little interference] **GO TO CKPT.P46 [Tx Qs]**

2.... Lifetime version [LT; past 12 mo episode of fear/panic/discomfort; 4+ past 12 mo symptoms, occurring w/in 1<sup>st</sup> 10 minutes of attack; >1 lifetime attack; past 12 mo follow-up symptoms; 1+ past 12 mo attacks out of the blue; little interference] **GO TO CKPT.P22 [LT Qs – 1<sup>st</sup> GATE]**

**P16a.** Attacks of this sort sometimes occur as a result of physical causes such as physical illness or injury or the use of medication, drugs, or alcohol. Do you think PFILL10 during the past 12 months occurred as the result of such physical causes?

IF CKPT.P4b= 3

PFILL10= your attack

IF CKPT.P4b= 4

PFILL10= any of your attacks

- Yes **GO TO CKPT.P16a\_1**  
 No **GO TO P17**

**IF DK/RF GO TO P16b**

**CKPT.P16a\_1.**

1... P4a=1 **GO TO PT16c**

2...P4a>1/DK/RF **GO TO PT16b**

**P16b.** Do you think all of your attacks during the past 12 months were the result of physical causes?

- Yes **GO TO P16c**  
 No **GO TO P17**

**IF DK/RF GO TO P17**

**P16c.** Briefly, what were the physical causes?

**P17.** When you had an attack in the past 12 months, how much emotional distress did it cause you during the attack itself -- none, mild, moderate, severe, or so severe that you were unable to concentrate and had to stop what you were doing?

- None
- Mild
- Moderate
- Severe
- So severe

**P18a.** Sometimes people with attacks get upset by physical sensations that remind them of the attacks. Examples include being out of breath after physical exercise, feeling speeded up after drinking coffee or caffeinated beverages, feeling out of control after using alcohol or drugs, and feeling tingly while watching a scary motion picture or television show. During the past 12 months, did you ever get upset by any physical sensations that reminded you of your attacks?

- Yes
- No **GO TO P19a**

**IF DK/RF GO TO P18b**

**P18b.** How strong was your discomfort with any physical sensations like these during the past 12 months – very severe, severe, moderate, mild, or no discomfort?

- Very severe
- Severe
- Moderate
- Mild
- No discomfort

**P18c.** How often did you avoid situations or activities that might cause these physical sensations during the past 12 months – often, sometimes, rarely, or never?

- Often
- Sometimes
- Rarely **GO TO P19**
- Never **GO TO P19**

**IF DK/RF GO TO P19**

**P18d.** How much did avoidance of these situations interfere with either your work, your social life, or your personal relationships during the past 12 months -- an extreme amount, a lot, some, a little, or not at all?

- An extreme amount
- A lot
- Some
- A little
- Not at all

IF DK/RF GO TO GRID SCREEN 5

**[GRID SCREEN 5]**

**P19.** Think about the month or longer during the past 12 months when your *PFILL11* or worry about *PFILL12* *PFILL13* was most severe. Using a 0 to 10 scale where 0 means no interference and 10 means very severe interference, what number describes how much the *PFILL14* or worry about the *PFILL35* interfered with each of the following activities during that time?

[IF NEC: How much did your *PFILL36* or worry about the *PFILL37* interfere with (ACTIVITY) during that time?]

[IF NEC: You can use any number between 0 and 10 to answer.]

IF P12b= 1

*PFILL11*= attack

*PFILL12*= this

*PFILL13*= attack

*PFILL14*= attack

*PFILL35*= attack

*PFILL36*= attack

*PFILL37*= attack

IF P12b= >1

*PFILL11*= attacks

*PFILL12*= these

*PFILL13*= attacks

*PFILL14*= attacks

*PFILL35*= attacks

*PFILL36*= attacks

*PFILL37*= attacks

		Mild			Moderate			Severe		Very severe	
	No interference									Very severe interference	
	0	1	2	3	4	5	6	7	8	9	10
a. Your home management, like cleaning, shopping, and taking care of the house or apartment?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Your ability to work?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Your ability to form and maintain close relationships with other people?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Your social life?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**CKPT.P20**

1....Past year version & all four responses to P19a-P19d = 0/998/999 [PY; past 12 mo episode of fear/panic/discomfort; 4+ past 12 mo symptoms, occurring w/in 1<sup>st</sup> 10 minutes of attack; >1 lifetime attack; past 12 mo follow-up symptoms; 1+ past 12 mo attack out of the blue; some interference; 0 Sheehan interference] **GO TO CKPT.P46 [Tx Qs]**

2....Lifetime version & all four responses to P19a-P19d = 0/998/999 [LT; past 12 mo episode of fear/panic/discomfort; 4+ past 12 mo symptoms, occurring w/in 1<sup>st</sup> 10 minutes of attack; >1 lifetime attack; past 12 mo follow-up symptoms; 1+ past 12 mo attack out of the blue; some interference; 0 Sheehan interference] **GO TO CKPT.P22 [LT Qs – 1<sup>st</sup> GATE]**

3....Any response to P19a-P19d > 0/998/999 [past 12 mo episode of fear/panic/discomfort; 4+ past 12 mo symptoms, occurring w/in 1<sup>st</sup> 10 minutes of attack; >1 lifetime attack; past 12 mo follow-up symptoms; 1+ past 12 mo attack out of the blue; some interference; some Sheehan interference] **GO TO P21**

**P21.** During the past 12 months, about how many days out of 365 were you totally unable to work or carry out your normal activities because of your *PFILL15* or because of your worry about your *PFILL16*? [INTERVIEWER: 7 days =1 week; 30 days = 1 months; 365 days = 1 year] [IF NEC: You may use any number between 0 and 365 to answer.]

IF P12b= 1  
PFILL15= attack  
PFILL16= attack

IF P12b= >1  
PFILL15= attacks  
PFILL16= attacks

days

**CKPT.P22**

0....(SC18f=NOT12mo) AND (P3m!=YES) (*not dizzy + faint/pass out*)  
1....SC18f=12mo OR P3m=YES (*dizzy + faint/pass out*)

**CKPT.P23**

0....(SC18m=NOT12mo) AND (P3I!=YES) (*not unreal/dream feeling*)  
1....SC18m=12mo OR P3I=YES (*unreal/dream feeling*)

**CKPT.P24**

0....(P9c!=YES) AND (P9d!=YES) AND (P18c=rarely, never, sometimes DK,RF or EMPTY) (*not change/avoid activities*)  
1....P9c=YES OR P9d=YES OR P18c= often (*change/avoid activities*)

**CKPT.P25**

0.... (SC18a=NOT12mo AND SC18b=NOT12mo)OR  
(SC18c(12mo)+SC18d(12mo)+SC18e(12mo)+SC18g(12mo)+SC18h(12mo)+SC18i(12mo)+SC18j(12mo)+SC  
18k(12mo)+SC18l(12mo)+SC18n(12mo)+SC18o(12mo)+SC18p(12mo)+CKPT.P22+CKPT.P23<4) OR  
(CKPT.P4= 5 or 6) OR (CKPT.P6=EMPTY or 2) *[does not meet PY DSM criteria for panic attack]*  
1.... (SC18a=12mo OR SC18b=12mo)) AND  
(SC18c(py)+SC18d(12mo)+SC18e(12mo)+SC18g(12mo)+SC18h(12mo)+SC18i(12mo)+SC18j(12mo)+SC18k  
(12mo)+SC18l(12mo)+SC18n(12mo)+SC18o(12mo)+SC18p(12mo)+CKPT.P22+CKPT.P23>3) AND  
CKPT.P6=3 *[meets PY DSM criteria for panic attack]*

**CKPT.P26**

0.... CKPT.P25=0 OR (P7<2 OR DK/RF) OR P12a!=YES OR (P12b<4 OR DK/RF) OR (P9a!=YES AND P9b!=YES  
AND CKPT.P24=0) OR (P16a=YES AND P16b=YES) *[does not meet PY DSM criteria for panic disorder]*

**GO TO CKPT.P27**

1.... CKPT.P25=1 AND P7>2 AND P12a=YES AND P12b>3 AND (P9a=YES OR P9b=YES OR CKPT.P24=1) AND  
(P16a!=YES OR P16b!=YES) *[meets PY DSM criteria for panic disorder]* **GO TO CKPT.P46 [Tx Qs]**

**CKPT.P27.**

1....LT AND SC18A=NOT12mo AND SC18b=NOT12mo *[no past 12 month attacks]***GO TO P30I** (w/ 2<sup>nd</sup> fill)

2....LT AND (SC18a=12mo OR SC18b=12mo) AND (CKPT.P0=3 OR CKPT.P4=5 or 6) *[past 12 month attacks  
but <4 associated problems]* **GO TO P28**

(w/out fills)

3.... LT AND (SC18a=12mo OR SC18b=12mo) AND (CKPT.P0=4 OR CKPT.P4=3) AND CKPT.P6=2 *[past 12  
month attacks w/ 4+ associated problems but not w/in 10 minutes]* **GO TO P28** (w/out fills)

4.... LT AND (SC18a=12mo OR SC18b=12mo) AND (CKPT.P0=4 OR CKPT.P4=3) AND CKPT.P6=3 AND  
CKPT.P10=2 *[past 12 month attacks w/ 4+ associated problems w/in 10 minutes; >1 lifetime attack; no  
follow-up problems]* **GO TO P28** (w/ fills)

5.... LT AND (SC18a=12mo OR SC18b=12mo) AND (CKPT.P0=4 OR CKPT.P4=3) AND CKPT.P6=3 AND  
CKPT.P10=3 AND CKPT.P13=3 AND P12b>0 *[past 12 month attacks w/ 4+ associated problems w/in 10  
minutes; >1 lifetime attack; follow-up problems; 0 12 mo unexpected attacks; 1+ lifetime unexpected]*

**GO TO P28** (w/ fills)

6... LT AND (SC18a=12mo OR SC18b=12mo) AND (CKPT.P0=4 OR CKPT.P4=3) AND CKPT.P6=3 AND  
CKPT.P10=3 AND CKPT.P13=3 AND P12b=0 *[past 12 month attacks w/ 4+ associated problems w/in 10  
minutes; >1 lifetime attack; follow-up problems; 0 unexpected 12 mo attacks; 0 unexpected lifetime  
attacks]*

**GO TO CKPT.P46 [Tx Qs]**

7... LT AND (SC18a=12mo OR SC18b=12mo) AND (CKPT.P0=4 OR CKPT.P4=3) AND CKPT.P6=3 AND  
CKPT.P10=3 AND CKPT.P13=1 *[past 12 month attacks w/ 4+ associated problems w/in 10 minutes; >1  
lifetime attack; follow-up problems; 1+ unexpected 12 mo attack]* **GO TO P28** (w/ fills)

8... LT AND (SC18a=12mo OR SC18b=12mo) AND (CKPT.P0=4 OR CKPT.P4=3) AND CKPT.P6=3 AND  
CKPT.P10=3 AND CKPT.P13=3 AND P12b>0 *[past 12 month attacks w/ 4+ associated problems w/in 10  
minutes; >1 lifetime attack; follow-up problems; 0 unexpected 12 mo attacks; 1+ unexpected lifetime  
attacks]* **GO TO P28** (w/ fills)

9.... LT AND ALL OTHERS *[past 12 month attacks, completed full 12 mo Q set, but did not qualify for 12  
mo DSM panic disorder]* **GO TO P28** (w/ fills)

10... PY VERSION **GO TO CKPT.P46**

**P28.** Did you ever have a time in your life when your attacks *PFILL17* were more intense than during the past 12 months?

IF CKPT.P27= 4, 5, 7, 8, or 9

PFILL17= or worry about your attacks

IF CKPT.P27= 2, or 3

PFILL17= BLANK

- Yes
- No

**CKPT.P29.**

1... P28!=YES AND CKPT.P27=2 or 3 [*Lifetime attacks not worse than past 12 months; <4 problems past 12 months OR problems not peaking w/in 10 minutes*] **GO TO NEXT MODULE**

2... P28!=YES AND CKPT.P27=4, 5, 6, 7, 8, or 9 [*Lifetime attacks not worse than past 12 months; >3 problems past 12 months, peaking w/in 10 minutes*] **GO TO CKPT.P46 [Tx Qs]**

3... P28=YES [*Lifetime attacks worse than past 12 months; <4 problems past 12 months*]

**GO TO P30I (1<sup>st</sup> fill)**

**P30I.** *PFILL20* During that attack, did you feel that things around you were unreal or like a dream?

IF CKPT.P27= 1

PFILL20= Think of a particularly bad attack in your lifetime that was more intense than the one(s) you reported from the past year.

IF CKPT.P29= 3

PFILL20= Earlier you mentioned having attacks when all of a sudden you had several problems like being short of breath, your heart pounding or feeling dizzy, and being afraid you would die or go crazy. Think of a particularly bad attack like that in your lifetime.

- Yes
- No

**[GRID SCREEN 8]**

**P30m.** *PFILL21* During that attack, were you afraid that you might pass out? :

IF CKPT.P27= 1

PFILL21= Think of a particularly bad attack in your lifetime that was more intense than the one(s) you reported from the past year.

IF CKPT.P29= 3

PFILL21= Earlier you mentioned having attacks when all of a sudden you had several problems like being short of breath, your heart pounding or feeling dizzy, and being afraid you would die or go crazy. Think of a particularly bad attack like that in your lifetime.

- Yes
- No

**CKPT.P31.**

1.... (CKPT.P0=3 OR CKPT.P4=5 or 6) AND (<2 YES responses in SC18c-SC18p OR (2 YES responses in SC18c-SC18p AND (P30I!=YES OR P30m!=YES)) OR (3 YES responses in SC18c-SC8p AND (P30I!=YES AND P30m!=YES)) ) [*lifetime episode of fear/panic/ discomfort; <4 lifetime problems and <4 past 12 mo problems*] **GO TO NEXT MODULE**

2.... (CKPT.P0=4 OR P4=1 or 2) AND (<2 YES responses in SC18c-SC18p OR (2 YES responses in SC18c-SC18p AND (P30I!=YES OR P30m!=YES)) OR (3 YES responses in SC18c-SC8p AND (P30I!=YES AND P30m!=YES)) ) AND CKPT.P27<4 [*lifetime episode of fear/panic/ discomfort; <4 lifetime problems, but endorsed 4+ past 12 mo problems; 12 mo problems not w/in 10 minutes of attack*] **GO TO P32**

3....((4+ YES responses in SC18c-SC18p OR (2 YES responses in SC18c-SC18p AND P30I=YES AND P30m=YES) OR (3 YES responses in SC18c-SC8p AND (P30I=YES OR P30m=YES))) AND CKPT.P27<4 [*lifetime episode of fear/panic/ discomfort; 4+ lifetime problems; 12 mo problems not w/in 10 minutes of attack*] **GO TO P32**

4.... (CKPT.P0=4 OR P4=1or2) AND (<2 YES responses in SC18c-SC18p OR (2 YES responses in SC18c-SC18p AND (P30I!=YES OR P30m!=YES)) OR (3 YES responses in SC18c-SC8p AND (P30I!=YES AND P30m!=YES)) ) AND CKPT.P27>3 AND (P9a!=YES AND P9b!=YES AND CKPT.P24=0) [*lifetime episode of fear/panic/ discomfort; <4 lifetime problems, but endorsed 4+ past 12 mo problems; 12 mo problems w/in 10 minutes of attack; not enough 12 mo follow-up problems*] **GO TO P36a**

5....((4+ YES responses in SC18c-SC18p OR (2 YES responses in SC18c-SC18p AND P30I=YES AND P30m=YES) OR (3 YES responses in SC18c-SC8p AND (P30I=YES OR P30m=YES))) AND CKPT.P27>3 AND (P9a!=YES AND P9b!=YES AND CKPT.P24=0) [*lifetime episode of fear/panic/ discomfort; 4+ lifetime problems; 12 mo problems w/in 10 minutes of attack; not enough follow-up problems*] **GO TO P36a**

6.... (P4=1or2) AND (<2 YES responses in SC18c-SC18p OR (2 YES responses in SC18c-SC18p AND (P30I!=YES OR P30m!=YES)) OR (3 YES responses in SC18c-SC8p AND (P30I!=YES AND P30m!=YES)) ) AND CKPT.P27>3 AND (P9a=YES OR P9b=YES OR CKPT.P24=1) [*lifetime episode of fear/panic/ discomfort; <4 lifetime problems, but endorsed 4+ past 12 mo problems; 12 mo problems w/in 10 minutes of attack; enough 12 mo follow-up problems*] **GO TO P38a (w/ fill)**

7....((4+ YES responses in SC18c-SC18p OR (2 YES responses in SC18c-SC18p AND P30I=YES AND P30m=YES) OR (3 YES responses in SC18c-SC8p AND (P30I=YES OR P30m=YES))) AND CKPT.P27>3 AND (P9a=YES OR P9b=YES OR CKPT.P24=1) [*lifetime episode of fear/panic/ discomfort; 4+ lifetime problems; 12 mo problems w/in 10 minutes of attack; enough follow-up problems*] **GO TO P38a (w/ fill)**

**P32.** During your attacks did the problems like *PFILL22* begin suddenly and reach their peak within ten minutes after the attacks began?

PFILL22 = (1st 3 endorsed items in SC18c-18p of of PID1-PID16...SEE FILLS APPENDIX)

[IF NEC: Did they begin within ten minutes after the start of the attack?]

- Yes
- (IF VOL) Sometimes
- No

**CKPT.P33.**

1.... P32!=YES [*lifetime attack of fear/panic/discomfort; 4+ problems, but not occurring within 1<sup>st</sup> 10 minutes of attack*] **GO TO NEXT MODULE**

2.... P32=YES OR P32=SOMETIMES AND P7=DK/RF/EMPTY [*lifetime attack of fear/panic/discomfort; 4+problems, occurring w/in 1<sup>st</sup> 10 minutes of attack; no info on # of lifetime episodes*]

**GO TO P34**

3.... P32=YES OR P32=SOMETIMES AND P7>1 [*lifetime attack of fear/panic/discomfort; 4+problems, occurring w/in 1<sup>st</sup> 10 minutes of attack*]

**GO TO P36a**

**P34. About how many of these sudden attacks have you had in your entire lifetime?**

[INTERVIEWER: If >900 or “more than I can remember”, enter ‘900’]

attacks

**CKPT.P35.**

1.... P34<=1 [*lifetime attack of fear/panic/discomfort; 4+problems, occurring w/in 1<sup>st</sup> 10 minutes of attack; only 1 lifetime attack*] **GO TO CKPT.P46 [Tx Qs]**

2.... P34>1/DK/RF [*lifetime attack of fear/panic/discomfort; 4+problems, occurring w/in 1<sup>st</sup> 10 minutes of attack; > 1 lifetime attack*] **GO TO P36a**

**[GRID SCREEN 9]**

After having one of these attacks, did you ever have any of the following experiences:

	<b>Yes</b>	<b>No</b>
<b>P36a.</b> A month or more when you often worried that you might have another attack?	<input type="radio"/>	<input type="radio"/>
<b>P36b.</b> A month or more when you worried that something terrible might happen because of the attacks, like having a car accident, having a heart attack, or losing control?	<input type="radio"/>	<input type="radio"/>
<b>P36c.</b> A month or more when you changed your everyday activities because of the attacks?	<input type="radio"/>	<input type="radio"/>
<b>P36d.</b> A month or more when you avoided certain situations because of fear about having another attack?	<input type="radio"/>	<input type="radio"/>

**CKPT.P37**

1.... 0 'YES' RESPONSES IN P36 AND (CKPT.P10=2 or EMPTY) [attack of fear/panic/discomfort; 4+ symptoms, occurring w/in 1<sup>st</sup> 10 minutes of attack; >1 lifetime attack; no follow-up symptoms ]

**GO TO CKPT.P46 [Tx Qs]**

2.... 0 'YES' RESPONSES IN P36 AND (CKPT.P10=3) [attack of fear/panic/discomfort; 4+ symptoms, occurring w/in 1<sup>st</sup> 10 minutes of attack; >1 lifetime attack; no lifetime follow-up symptoms, but past year follow-up symptoms endorsed]

**GO TO P38a** (no fill)

3.... 1+ 'YES' RESPONSES IN P36 [attack of fear/panic/discomfort; 4+ symptoms, occurring w/in 1<sup>st</sup> 10 minutes of attack; >1 lifetime attack; 1+ follow-up symptoms ]

**GO TO P38a** (no fill)

**P38a. PFILL23** During the time when your worry about having another attack was most frequent and severe, did you worry nearly all of the time, most of the time, often, sometimes, or only rarely?

IF CKPT.P37= 2 or (CKPT.P37 = 3 and P36a!= Yes)

PFILL23 = BLANK

IF CKPT.P31= 6 or 7 or P36a = Yes

PFILL23 = You mentioned earlier that you had a month or more when you worried about having another attack.

- Nearly all of the time
- Most of the time
- Often
- Sometimes
- Only rarely

**P38b.** And how severe was the worry during this time -- mild, moderate, severe, or so severe that you were unable to carry out important tasks?

- Mild
- Moderate
- Severe
- So severe

**CKPT.P39.**

1.... P12b=0/DK/RF [attack of fear/panic/discomfort; 4+ problems, occurring w/in 1<sup>st</sup> 10 minutes of attack; >1 lifetime attack; follow-up symptoms; 0 lifetime attacks out of the blue] **GO TO**

**CKPT.P46 [Tx Qs]**

2.... P12b=1 AND P12a=YES [attack of fear/panic/discomfort; 4+ problems, occurring w/in 1<sup>st</sup> 10 minutes of attack; >1 lifetime attack; follow-up symptoms; 1 lifetime attack out of the blue, but happened in past 12 mo]

**GO TO CKPT.P43**

3.... (P12b=1 AND P12a!=YES) OR P12b>1 [attack of fear/panic/discomfort; 4+ problems, occurring w/in 1<sup>st</sup> 10 minutes of attack; >1 lifetime attack; follow-up symptoms; 1 lifetime attack out of the blue, not in past 12 mo, or 2+ lifetime attacks out of the blue]

**GO TO P42a** (w/ fill)

4.... P12a=EMPTY OR P12b=EMPTY [attack of fear/panic/discomfort; 4+ problems, occurring w/in 1<sup>st</sup> 10 minutes of attack; >1 lifetime attack; follow-up symptoms; unknown lifetime attacks out of the blue]

**GO TO P40a**

**P40a.** Attacks of this sort can occur in three different situations. The first is when the attacks occur unexpectedly “out of the blue.” The second is when a person has an unreasonably strong fear. For example, some people have a terrible fear of bugs or of heights or of being in a crowd. The third is when a person is in real danger, like a car accident or a bank robbery. The next questions are about how many of your attacks occurred in each of these three kinds of situations.

About how many attacks during your lifetime occurred unexpectedly “out of the blue?”

[INTERVIEWER: If >900 or “more than I can remember”, enter ‘900’]

attacks

**P40b.** About how many attacks during your lifetime occurred in situations where you were not in real danger, but where you had an unreasonably strong fear of the situation?

[INTERVIEWER: If >900 or “more than I can remember”, enter ‘900’]

attacks

**P40c.** About how many attacks during your lifetime occurred in situations where you were in real danger?

[INTERVIEWER: If >900 or “more than I can remember”, enter ‘900’]

[If respondent thought there was real danger even though it turned out not to be dangerous, code as real danger]

attacks

**CKPT.P41.**

1.... P40a=0 [attack of fear/panic/discomfort; 4+ problems, occurring w/in 1<sup>st</sup> 10 minutes of attack; >1 lifetime attack; follow-up symptoms; 0 lifetime attacks out of the blue] **GO TO CKPT.P46** [Tx Qs]

2.... P40a>0/DK/RF/998/999) [attack of fear/panic/discomfort; 4+ problems, occurring w/in 1<sup>st</sup> 10 minutes of attack; >1 lifetime attack; follow-up symptoms; 1+ lifetime attack out of the blue]

**GO TO P42a** (no fill)

**P42a.** PFILL24 How much did PFILL25 unexpected “out of the blue” PFILL26 or worry about having another attack ever interfere with either your work, your social life, or your personal relationships – not at all, a little, some, a lot, or an extreme amount?

IF P40a= not empty AND P40a=1

PFILL25= this

PFILL26= attack

IF P40a=not empty AND P40a > 1

PFILL25= these

PFILL26= attacks

IF P40a = empty AND P12b=1

PFILL25= this

PFILL26= attack

IF P40a = empty AND P12b > 1

PFILL25= these

PFILL26= attacks

IF CKPT.P41= 2

PFILL24= BLANK

IF CKPT.P39= 3

PFILL24= You mentioned earlier that you had at least one attack that occurred unexpectedly, “out of the blue.”

- An extreme amount
- A lot
- Some
- A little
- Not at all

GO TO CKPT.P43

GO TO CKPT.P43

IF DK/RF GO TO P42b

**P42b.** How often during that time were you unable to carry out your daily activities or to take care of yourself because of PFILL27 unexpected “out of the blue” PFILL28 or worry about having another attack – often, sometimes, rarely, or never?

IF P40a= not empty AND P40a=1

PFILL27= this

PFILL28= attack

IF P40a=not empty AND P40a > 1

PFILL27= these

PFILL28= attacks

IF P40a = empty AND P12b=1

PFILL25= this

PFILL26= attack

IF P40a = empty AND P12b > 1

PFILL25= these

PFILL26= attacks

- Often
- Sometimes
- Rarely
- Never

**CKPT.P43**

1.... P42a=not at all or a little AND P14a=not at all, a little, ,or EMPTY or DK/RF [attack of fear/panic/discomfort; 4+ problems, occurring w/in 1<sup>st</sup> 10 minutes of attack; >1 lifetime attack; follow-up symptoms; 1+ lifetime attacks out of the blue; little interference]

**GO TO CKPT.P46 [Tx Qs]**

2.... P42a=not at all or a little AND P14a= some, a lot, or an extreme amount [attack of fear/panic/discomfort; 4+ problems, occurring w/in 1<sup>st</sup> 10 minutes of attack; >1 lifetime attack; follow-up symptoms; 1+ lifetime attacks out of the blue; little lifetime interference but reported past 12 mo. interference]

**GO TO CKPT.P44**

3.... P42a=some, a lot, or an extreme amount [attack of fear/panic/discomfort; 4+ problems, occurring w/in 1<sup>st</sup> 10 minutes of attack; >1 lifetime attack; follow-up symptoms; 1+ lifetime attacks out of the blue; some interference]

**GO TO**

**CKPT.P44**

4.... P42a=EMPTY/DK/RF AND P14a=not at all, a little,or EMPTY [attack of fear/panic/discomfort; 4+ problems, occurring w/in 1<sup>st</sup> 10 minutes of attack; >1 lifetime attack; follow-up symptoms; 1 lifetime attack out of the blue (past 12 mo); little past 12 mo interference]

**GO TO**

**CKPT.P46 [Tx Qs]**

5.... P42a=EMPTY/DK/RF AND P14a=some, a lot, or an extreme amount [attack of fear/panic/discomfort; 4+ problems, occurring w/in 1<sup>st</sup> 10 minutes of attack; >1 lifetime attack; follow-up symptoms; 1 lifetime attack out of the blue (past 12 mo); some past 12 mo interference]

**GO TO CKPT.P44**

**CKPT.P44**

1.... P16a!=YES [attack of fear/panic/discomfort; 4+ problems, occurring w/in 1<sup>st</sup> 10 minutes of attack; >1 lifetime attack; follow-up symptoms; 1 lifetime attack out of the blue (past 12 mo); some interference; past 12 mo. attacks never result of physical causes]

**GO TO P45a**

2.... P16a=YES AND P16b!=YES [attack of fear/panic/discomfort; 4+ problems, occurring w/in 1<sup>st</sup> 10 minutes of attack; >1 lifetime attack; follow-up symptoms; 1 lifetime attack out of the blue (past 12 mo); some interference; past 12 mo. attacks sometimes result of physical causes but not always]

**GO TO P45b (w/ fill)**

3.... P16a=YES AND P16b=YES [attack of fear/panic/discomfort; 4+ problems, occurring w/in 1<sup>st</sup> 10 minutes of attack; >1 lifetime attack; follow-up symptoms; 1 lifetime attack out of the blue (past 12 mo); some interference; past 12 mo. attacks always result of physical causes]

**GO TO P45b (w/ fill)**

**P45a.** Attacks of this sort sometimes occur as a result of physical causes such as physical illness or injury or the use of medication, drugs, or alcohol. Do you think any of your attacks ever occurred as the result of such physical causes?

Yes

No **GO TO CKPT.P46**

**IF DK/RF GO TO P45b**

**P45b.** Earlier you mentioned that some of your attacks were the result of physical causes. Do you think all of your attacks in your lifetime were the result of physical causes?

- Yes
- No GO TO CKPT.P46

IF DK/RF GO TO CKPT.P46

**P45c.** Briefly, what were the physical causes?

**CKPT.P46**

1... Past year version [*PY: meets requirements to proceed to Tx gate*] GO TO P47\_1

2... Lifetime version & (SC18a=12mo OR SC18b=12mo) [*LT: past 12 mo attack*]

GO TO P47\_1

3... Lifetime version & (SC18a=NOT12mo AND SC18b=NOT12mo) [*LT: no past 12 mo attack*]

GO TO P47\_2

**P47\_1.** When was the last time you had a sudden attack, one where the associated problems began suddenly and reached their peak within 10 minutes after the attack began – within the past month, between two and six months ago, or more than six months ago?

- Within the past month
- Between 2 and 6 months ago
- More than 6 months ago

GO TO CKPT.P48

**P47\_2.** How old were you the last time you had a sudden attack, one where the associated problems began suddenly and reached their peak w/in 10 minutes after the attack began?

[INTERVIEWER: Number should not be greater than participant's current age]

years old

**CKPT.P48**

1....P7 = 1 OR P34 = 1 [*only 1 attack in lifetime*]

GO TO P51a

2....(P7 > 1/DK/RF) AND (P34 > 1/DK/RF) [*> 1 attack in lifetime*]

GO TO P49

**P49.** Think of the very first time in your life you had an attack of this sort (one where the associated problems began suddenly and reached their peak w/in 10 minutes after the attack began). How old were you?

[INTERVIEWER: Age should not be greater than participant's current age]

[(If unsure, prompt "About how old were you?"

If still unsure, , or if "all my life" or "as long as I can remember prompt: "Was it before your teens?"

If Yes, enter '12';

if no, prompt "Was it before your twenties?"

If Yes, enter '19'

if no, enter '20')

(IF VOL "NEVER" CODE 997)]

years old

IF DK/RF GO TO P51a

**P50.** How many different years in your life did you have at least one attack of this sort (one where the associated problems began suddenly and reached their peak within 10 minutes after the attack began)?

[INTERVIEWER: Age should not be greater than participant's current age]

years

**P51a.** Did you ever in your life talk to a medical doctor or other professional about your *PFILL29*? (By professional we mean psychologists, counselors, spiritual advisors, herbalists, acupuncturists, and other healing professionals.)

IF CKPT.P48= 1

PFILL29= attack

IF CKPT.P48= 2

PFILL29= attacks

Yes

No **GO TO P52**

IF DK/RF GO TO P52

**P51b.** How old were you the first time (you talked to a professional about your *PFILL30*)?

IF CKPT.P48= 1

PFILL30= attack

IF CKPT.P48= 2

PFILL30= attacks

(If unsure, prompt “About how old were you?

If still unsure, or if “all my life” or “as long as i can remember prompt: “Was it before your teens?”

If Yes, enter ‘12’;

if no, prompt “Was it before your twenties?”

If Yes, enter ‘19’

if no, enter ‘20’)

(IF VOL “NEVER” CODE 997)

years old

**P51c.** Did you receive professional treatment for your *PFILL31* at any time during the past 12 months?

IF CKPT.P48= 1

PFILL31= attack

IF CKPT.P48= 2

PFILL31= attacks

- Yes  
 No

**P51d.** Were you ever hospitalized overnight for your *PFILL32*?

IF CKPT.P48= 1

PFILL32= attack

IF CKPT.P48= 2

PFILL32= attacks

- Yes  
 No

**P52.** How many of your close relatives – including your biological parents, brothers and sisters, and children – ever had attacks of this sort?

number

## **Fills Appendix**

PID1: heart racing

PID2: being short of breath

PID3: having nausea

PID4: feeling dizzy

PID5: sweating

PID6: trembling

PID7: having a dry mouth

PID8: choking

PID9: having discomfort in your chest

PID10: fearing that you might lose control of yourself

PID11: feeling unreal

PID12: feeling that things around you were unreal

PID13: fearing that you might pass out

PID14: fearing that you might die

PID15: having hot flushes

PID16: having numbness

PID17: this

PID18: these

PID19: attack

PID20: attacks

PID21: was

PID22: were

PID23: or worry about your attacks

PID24: Think of a particularly bad attack in your lifetime that was more intense than the one(s) you reported from the past year.

PID25: Earlier you mentioned having attacks when all of a sudden you had several problems like being short of breath, your heart pounding or feeling dizzy, and being afraid you would die or go crazy. Think of a particularly bad attack like that in your lifetime.

PID26: You mentioned earlier that you had a month or more when you worried about having another attack.

PID27: You mentioned earlier that you had at least one attack that occurred unexpectedly, "out of the blue."

PID28: Earlier you mentioned that some of your attacks were the result of physical causes.

PID29= that attack

PID30= one of those attacks

PID31= ever\_

PID32= your attack

PID33= any of your attacks