



Legend
Blue= interview instructions (not to be read aloud)
Gray= rules and gating
Green= lifetime version

Generalized Anxiety Disorder (GAD) Module

GAD MODULE ENTRY: SC22D = 'OFTEN' OR 'SOMETIMES'

CKPT.G1_1

- 1... SC22e= Often or Sometimes
- 2... LT AND SC22e=EMPTY or Rarely or Never
- 3... PY AND SC22e=EMPTY or Rarely or Never

GO TO GIntro1c
GO TO CKPT.G21 [LT Qs, 2nd gate]
GO TO NEXT MODULE

GIntro1c. Earlier you mentioned having a time during the past 12 months when you were *GFILL1*. Have you had a period during the past 12 months lasting 30 days or longer when you were anxious or worried most days?

IF SC22a = Past12mo

GFILL1 = a worrier

IF SC22a!= Past12mo AND SC22b = Past12mo

GFILL1 = much more nervous or anxious than most people

- Yes
- No

G1. The next questions are about things you might have felt anxious or worried about during the past 12 months. What sorts of things have you felt anxious or worried about during the past 12 months?

[INTERVIEWER: If participant answers “Everything” or “Nothing in particular,” select corresponding checkbox and go to next screen. If participant names a specific worry, probe “Anything else?” up to three times. *Check all that apply.*]

[IF NEC: Anything else that made you anxious or worried?]

Diffuse worries

- Everything (1)
- Nothing in particular (2)

Personal problems

- Finances (3)
- Success at school or work (4)
- Social life (5)
- Love life (6)
- Relationships at school or work (7)
- Relationships with family (8)
- Physical appearance (9)
- Physical health (10)
- Mental health (11)
- Substance Use (12)

Phobic and obsessive-compulsive situations

- Social phobias (e.g., meeting people after moving to a new town) (13)
- Agoraphobia (e.g., leaving home alone after a divorce) (14)
- Specific phobias (e.g., fears of bugs, heights, or closed spaces) (15)
- Obsessions (e.g., worry about germs) (16)
- Compulsions (e.g., repetitive hand-washing) (17)

Network problems

- Being away from home or apart from loved ones (18)
- The health or welfare of loved ones (first mention) (19)
- The health or welfare of loved ones (second mention) (20)
- The health or welfare of loved ones (third mention) (21)

Societal problems

- Crime/ violence (22)
- The economy (23)
- The environment (e.g., global warming, pollution) (24)
- Moral decline of society (e.g., commercialism, decline of the family) (25)
- War/ revolution (26)

Other problems (please specify) (27)

CKPT.G2

- 1...PY version AND (Neither '1' or '2' endorsed in G1 AND <2 worries endorsed in G1)
(PY version: Screened in but did not meet criteria for PY worries) **GO TO NEXT MODULE**
- 2... '1' or '2' endorsed in G1 OR > 1 worry endorsed in G1
(Screened and met criteria for PY worries) **GO TO G4 [PY worry intensity]**
- 3... LT version AND (Neither '1' or '2' endorsed in G1 AND <2 worries endorsed in G1)
(LT version: Screened in but did not meet criteria for PY worries) **GO TO G19 [LT gate]**

G4. How often during the time you were most anxious or worried during the past 12 months were you so anxious or worried that you could not think about anything else, no matter how hard you tried – often, sometimes, rarely, or never?

- Often
- Sometimes
- Rarely
- Never

G6. During the past 12 months, what is the longest period of time when you were anxious or worried most days?

[INTERVIEWER: Enter this information as number of days, i.e. 7 days =1 week; 30 days = 1 months; 365 days = 1 year]

[IF VOL "WHOLE LIFE" OR "AS LONG AS I CAN REMEMBER," CODE 995]

[IF DK,PROBE: "Did you ever have a period that lasted 6 months or longer? (IF NOT) Did you ever have a period that lasted 1 month or longer?"]

days

CPKT.G7

- 1....Past-year version AND G6 < 30 days
subthreshold for days) (PY version; Met criteria for PY difficulty to control;
GO TO G39 [Treatment]
- 2....G6 > = 30 days (Met criteria for PY difficulty to control & PY days)
GO TO GRID SCREEN 1 [PY Symptoms]
- 3....Lifetime version AND G6 < 30 days
subthreshold for days) (LT version: Met criteria for PY difficulty to control;
GO TO G19 [LT question]

[Grid Screen 1]

G8. Think of a time during the past 12 months lasting one month or longer when you were anxious or worried most days. During that time, did you have any of the following associated problems:

	Yes	No
G8a. During this time in the past 12 months, did you often feel restless, keyed up, or on edge?	<input type="radio"/>	<input type="radio"/>
G8b. (During this time in the past 12 months) did you often get tired easily?	<input type="radio"/>	<input type="radio"/>
G8c. (During this time in the past 12 months) were you often more irritable than usual?	<input type="radio"/>	<input type="radio"/>
G8d. (During this time in the past 12 months) did you often have difficulty concentrating or keeping your mind on what you were doing?	<input type="radio"/>	<input type="radio"/>
G8e. (During this time in the past 12 months) did you often have tense, sore, or aching muscles?	<input type="radio"/>	<input type="radio"/>
G8f. (During this time in the past 12 months) did you often have trouble falling or staying asleep?	<input type="radio"/>	<input type="radio"/>

CKPT.G9

1....Past-Year Version AND 0 RESPONSES CODED 'Yes' in G8 series
(Met criteria for PY worries and PY days, subthreshold for symptoms)
[Treatment]

OR all=DK/RF *(PY version;*
GO TO G39

2....1 or 2 responses coded 'Yes' in G8 series
(Met criteria for PY worries & PY days & PY symptoms)

GO TO G10 [PY Distress]

3... Lifetime Version AND 0 RESPONSES CODED 'Yes' in G8 series
(Met criteria for PY worries and PY days, subthreshold for symptoms)

OR all=DK/RF *(LT version; Met criteria*
GO TO G19 [LT question]

5...3 OR MORE RESPONSES CODED 'Yes' IN G8 series
(Met criteria for PY worries & PY days & full PY symptoms)

GO TO G10 [PY Distress]

G10. During the past 12 months, how much emotional distress did you experience because of your anxiety or worry – very severe, severe, moderate, mild, or no distress?

- Very severe
- Severe
- Moderate
- Mild
- None

G11. During the past 12 months, how much did your anxiety or worry interfere with either your work, your social life, or your personal relationships— an extreme amount, a lot, some, a little, or not at all?

- An extreme amount **GO TO G12**
- A lot **GO TO G12**
- Some **GO TO G12**
- A little **GO TO G13**
- Not at all **GO TO G13**

G12. During the past 12 months, how often were you unable to carry out your daily activities because of your anxiety or worry – often, sometimes, rarely, or never?

- Often
- Sometimes
- Rarely
- Never

CKPT.G13

1....Past-Year Version AND (G10 equals 'mild' or 'none') AND (G11 equals 'not at all' or 'a little')
(Met PY worries & PY days & PY symptoms, subthreshold for PY distress)

GO TO CKPT.G35 [Before treatment]

2....G10 equals 'moderate', 'severe', or 'very severe' OR G11 equals 'some', 'a lot', or 'an extreme amount'

(Met PY worries & PY days & PY symptoms & PY distress)

GO TO G14a [PY Physical causes]

3....Lifetime Version AND (G10 equals 'mild' or 'none') AND (G11 equals 'not at all' or 'a little')
(Met PY worries & PY days & PY symptoms, subthreshold for PY distress)

GO TO G19 [LT question]

G14a. Anxiety or worry sometimes occurs as a result of physical causes such as physical illness or injury or the use of medication, drugs, or alcohol. Do you think your anxiety or worry during the past 12 months ever occurred as the result of such physical causes?

- Yes
- No **GO TO G15**

IF DK/RF GO TO G15

G14b. Do you think your anxiety or worry during the past 12 months was always the result of physical causes?

- Yes
- No **GO TO G15**

IF DK/RF GO TO G15

G14c. Briefly, what do you think the physical cause was?

G15. Think about the 30 days or longer during the past 12 months when your anxiety or worry was most severe. Using a 0 to 10 scale, where 0 means no interference and 10 means very severe interference, what number describes how much your anxiety or worry interfered with each of the following activities during that time?

[IF NEC: How much did your anxiety or worry interfere with (ACTIVITY) during that time?]

[IF NEC: You can use any number between 0 and 10 to answer.]

		No interference		Mild		Moderate		Severe		Very severe interference	
	0	1	2	3	4	5	6	7	8	9	10
a. Your home management, like cleaning, shopping, and taking care of the house or apartment?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Your ability to work?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Your ability to form and maintain close relationships with other people?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Your social life?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

TREAT DK/RF like “no”: GO TO CKPT.G16

CKPT.G16

1....Past-year Version AND All four responses to G15a-G15d = 0/ 998/999

(PY version; Met PY worries & PY days & PY symptoms & PY distress, subthreshold for interference)

GO TO CKPT.G35 [Before treatment]

(Met PY worries & PY days & PY

2....Any response to G15a-G15d > 0
symptoms & PY distress & PY interference)

GO TO G17 [PY Interference]

3....Lifetime Version AND All four responses to G15a-G15d= 0/998/999

(LT version; Met PY worries & PY days & PY symptoms & PY distress, subthreshold for interference)

GO TO G19 [LT question]

G17. During the past 12 months, about how many days out of 365 were you totally unable to work or carry out your normal activities because of your anxiety or worry?
[IF NEC: You can use any number between 0 and 365 to answer.]

Days

CKPT.G18

1.... Past year version

GO TO CKPT.G35

7.... Lifetime version AND ((G1 does not include at least one of 1-10,19-26) OR ((SC22e=EMPTY or Rarely/Never) AND (G4=rarely/never)) OR (G6<180) OR (<3 RESPONSES CODED '1' in G8a-G8f) OR (G10=mild/none AND all of G15a-G15d series <4 AND G17<5) OR (G14b=Yes))

(Didn't meet PY GAD criteria)

GO TO G19 [LT question]

8... Lifetime version AND (G1 INCLUDES at least ONE OF 1-10, 19-26) AND ((SC22e=sometimes OR often) OR (G4=sometimes OR often)) AND (G6>=180) AND (3 OR MORE RESPONSES CODED '1' in G8a-G8f) AND (G10= moderate, severe or very severe OR ANY OF THE G15a-G15d SERIES >=4 OR G17>=5) AND (G14a=No OR G14b=No) (Meets PY GAD criteria)

GO TO CKPT.G35

G19. Did you ever have a time in your life when your anxiety or worry was more frequent and intense than it was during the past 12 months?

- Yes
 No

CKPT.G20

1.... G19=Yes

GO TO G21 (LT worries)

2.... G19!=Yes AND (CKPT.G2=3)

GO TO NEXT MODULE

3....G19!=Yes AND (CKPT.G7=3 OR CKPT.G9=3))

GO TO G39 (Treatment)

4.... G19!=Yes AND (CKPT.G13=3 OR CKPT.G16=3 OR CKPT.G18=7) treatment)

GO TO CKPT.G35 (Before treatment)

G21. The next questions are about this worse time in your life when your anxiety or worry was more frequent and intense than it was during the last 12 months. What sorts of things were you anxious or worried about during that time?

[INTERVIEWER: If participant answers “Everything” or “Nothing in particular,” select corresponding checkbox and go to next screen. If participant names a specific worry, probe “Anything else?” up to three times. Check all that apply]

[IF NEC: Anything else that made you anxiety or worry?]

Diffuse worries

- Everything (1)
- Nothing in particular (2)

Personal problems

- Finances (3)
- Success at school or work (4)
- Social life (5)
- Love life (6)
- Relationships at school or work (7)
- Relationships with family (8)
- Physical appearance (9)
- Physical health (10)
- Mental health (11)
- Substance Use (12)

Phobic and obsessive-compulsive situations

- Social phobias (e.g., meeting people after moving to a new town) (13)
- Agoraphobia (e.g., leaving home alone after a divorce) (14)
- Specific phobias (e.g., fears of bugs, heights, or closed spaces) (15)
- Obsessions (e.g., worry about germs) (16)
- Compulsions (e.g., repetitive hand-washing) (17)

Network problems

- Being away from home or apart from loved ones (18)
- The health or welfare of loved ones (first mention) (19)
- The health or welfare of loved ones (second mention) (20)
- The health or welfare of loved ones (third mention) (21)

Societal problems

- Crime/ violence (22)
- The economy (23)
- The environment (e.g., global warming, pollution) (24)
- Moral decline of society (e.g., commercialism, decline of the family) (25)
- War/ revolution (26)

Other problems (please specify) (27)

CKPT.G22

1... Neither '1' nor '2' in G21 & <2 worries endorsed in G21 AND ((SC22e=EMPTY OR Rarely OR Never) OR CKPT.G2=3)

(Did not meet criteria for PY worries and did not screen for LT)

GO TO NEXT MODULE

2... (Neither '1' nor '2' in G21 & <2 worries endorsed in G21 AND (CKPT.G7=3 OR CKPT.G9=3)

(Did not meet criteria for LT worries or PY distress)

GO TO G39 [Treatment]

3... (Neither '1' nor '2' in G21 & <2 worries endorsed in G21 AND (CKPT.G13=3 OR CKPT.G16=3 OR CKPT.G18=7)

PY distress or PY symptoms or PY interference)

(Did not meet criteria for PY worries or
GO TO CKPT.G35 [Before treatment]

4... '1' or '2' endorsed in G21 OR > 1 worry endorsed in G21

CONTINUE TO G24 [LT distress]

G24. During the times that you were worried, anxious or nervous, how often were you so anxious or worried that you could not think about anything else, no matter how hard you tried – often, sometimes, rarely, or never?

- Often
- Sometimes
- Rarely
- Never

G26. What is the longest period in a row, of days, weeks, months, or years, in which you were anxious or worried most days?

[INTERVIEWER: Enter this information as number of days, weeks, months, or years, i.e. 7 days =1 week; 30 days = 1 months; 365 days = 1 year

IF VOL: "Whole life" or "as long as I can remember," Code 995 years]

[IF DK, PROBE: "Did you ever have a period that lasted 6 months or longer? (IF NOT) Did you ever have a period that lasted 1 month or longer?"]

days weeks months years

CKPT.G27

1.....G26<30 days OR DK/RF AND ((SC22e=EMPTY OR Rarely OR Never) OR CKPT.G2=3 OR CKPT.G7=3 OR CKPT.G9=3)

days, or meet criteria for PY difficulty to control)

(Did not screen for LT
GO TO G39 [Treatment]

2.....G26<30 days AND (CKPT.G13=3 OR CKPT.G16=3 OR CKPT.G18=7)

for LT days or PY difficulty to control or PY interference)

(Did not meet criteria
GO TO CKPT.G35 [Before treatment]

3.....G26>=30 days

CONTINUE TO GRID SCREEN 2

[Grid Screen 2]

G28. Think of your worst period lasting GFILL26 or longer when you were anxious or worried most days. During that episode, did you often have any of the following associated problems:

IF G26<180days

GFILL26= one month

IF G26 >= 180

GFILL26= six months

	Yes	No
G28a. Did you often feel restless, keyed up, or on edge?	<input type="radio"/>	<input type="radio"/>
G28b. Did you often get tired easily?	<input type="radio"/>	<input type="radio"/>
G28c. Were you often more irritable than usual?	<input type="radio"/>	<input type="radio"/>
G28d. Did you often have difficulty concentrating or keeping your mind on what you were doing?	<input type="radio"/>	<input type="radio"/>
G28e. Did you often have tense, sore, or aching muscles?	<input type="radio"/>	<input type="radio"/>
G28f. Did you often have trouble falling or staying asleep?	<input type="radio"/>	<input type="radio"/>

CKPT.G29

1... (0 RESPONSES CODED 'Yes' IN G28 series OR all=DK/RF) AND ((SC22e=EMPTY or Rarely or Never) OR CKPT.G2=3 OR CKPT.G7=3 OR CKPT.G9=3) *(Did not meet criteria for LT symptoms or meet criteria for PY distress)*
GO TO G39 [Treatment]

2... (0 RESPONSES CODED 'Yes' IN G28 series OR all=DK/RF) AND (CKPT.G13=3 OR CKPT.G16=3 OR CKPT.G18=7) *(Did not meet criteria for LT symptoms or PY interference)*
GO TO CKPT.G35 [Before treatment]

3... 1 or 2 RESPONSES CODED 'Yes' IN G28 series
GO TO G30 (LT distress)

4...3 RESPONSES CODED 'Yes' IN G28 series
GO TO G30 (LT distress)

G30. How much emotional distress did you experience because of your anxiety or worry— very severe distress, severe distress, moderate distress, mild distress, or no distress?

- Very severe
- Severe
- Moderate
- Mild
- None

G31. How much did your anxiety or worry interfere with either your work, your social life, or your personal relationships— an extreme amount, a lot, some, a little, or not at all?

- An extreme amount GO TO G32
- A lot GO TO G32
- Some GO TO G32
- A little GO TO CKPT.G33
- Not at all GO TO CKPT.G33

G32. How often were you unable to carry out your daily activities because of your anxiety or worry—often, sometimes, rarely, or never?

- Often
- Sometimes
- Rarely
- Never

CKPT.G33.

1... (G30 EQUALS 'mild' or 'none') AND (G31 EQUALS 'not at all' or 'a little')

(Did not meet criteria for LT distress)

GO TO CKPT.G35 [Before treatment]

2...(G30=Moderate or Severe or Very severe) OR (G31=Some or A lot or An extreme amount)

GO TO G34a

G34a. Anxiety or worry sometimes occurs as a result of physical causes such as physical illness or injury or the use of medication, drugs, or alcohol. Do you think your anxiety or worry ever occurred as the result of such physical causes?

- Yes
- No GO TO CKPT.G35

IF DK/RF GO TO CKPT.G35

G34b. Do you think your anxiety or worry was always the result of physical causes?

- Yes
- No GO TO CKPT.G35

IF DK/RF GO TO CKPT.G35

G34c. Briefly, what do you think the physical cause was?

CKPT.G35

1.... [PAST YEAR VERSION]

GO TO G36_1a [*Past year recency*]

2.... [LIFETIME VERSION AND (CKPT.G9=2 OR 5)]

GO TO G36_1a [*Past year recency*]

(*Met criteria for PY symptoms*)

3.... [LIFETIME VERSION AND (CKPT.G9=EMPTY OR 1 OR 3)]

GOTO G36_2 [*Lifetime recency*]

(*Did not meet criteria for PY symptoms*)

G36_1a. When I use the word “episode” in the next questions, I mean a time lasting one month or longer when nearly every day you were anxious or worried and also had some of the other problems we have reviewed. The episode ends when you no longer have these feelings for a full month.

With this definition in mind, when was the last time you had an episode of this sort – within the past 30 days, between 2 and 6 months ago, or more than 6 months ago?

- Within the past 30 days **GO TO G36_1b**
- Between 2 and 6 months ago **GO TO G37a**
- More than 6 months ago **GO TO G37a**

IF DK/RF GO TO G37a

G36_1b. Has the most recent episode ended or is it still going on?

- Ended
- Still going on

GO TO G37a

G36_2. When I use the word “episode” in the next questions, I mean a time lasting one month or longer when nearly every day you were anxious or worried and also had some of the other problems we have reviewed. The episode ends when you no longer have these feelings for a full month.

With this definition in mind, how old were you the last time you had one of these episodes?

[INTERVIEWER: Age should not be greater than participant’s current age]

[*If unsure, prompt “About how old were you?”*

If still unsure, prompt: “Was it before your teens?”

If yes, enter ‘12’;

if no, prompt “Was it before your twenties?”

If yes, enter ‘19’

if no, enter ‘20’

(*IF VOL “NEVER” CODE 997*)

years old

G37a. How old were you the first time you had an episode of this sort that lasted for a month or more?

[INTERVIEWER: Age should not be greater than participant's current age]

[If unsure, prompt "About how old were you?"

If still unsure, prompt: "Was it before your teens?"

If yes, enter '12';

if no, prompt "Was it before your twenties?"

If yes, enter '19'

if no, enter '20')

(IF VOL "NEVER" CODE 997]

years old

CKPT.37b.

1... LT version

GO TO G38a

2... PY version

GO TO G39

G38a. How many different years in your life did you have an episode of this sort that lasted for 30 days or more?

[INTERVIEWER: Number should not be greater than participant's current age]

Years

G38b. How many episodes of anxiety or worry lasting 30 days or longer have you ever had in your life?

number

G38c. What is the longest continuous number of years in a row in which you had at least one episode per year?

years

G39. Did you ever in your life talk to a medical doctor or other professional about your anxiety or worry? (By professional we mean psychologists, counselors, spiritual advisors, herbalists, acupuncturists, and other healing professionals.)

Yes

No GO TO G40

IF DK/RF GO TO G40

G39a. How old were you the first time you talked to a professional about your anxiety or worry?

[If unsure, prompt "About how old were you?"

If still unsure, prompt: "Was it before your teens?"

If yes, enter '12';

If no, prompt "Was it before your twenties?"

If yes, enter '19'

if no, enter '20')

(IF VOL "NEVER" CODE 997]

years old

G39b. Did you receive professional treatment for your anxiety or worry at any time during the past 12 months?

Yes

No

G40. How many of your close relatives – including your biological parents, brothers and sisters, and children – were very nervous or anxious people?

number